

**PROVISIONAL LEXICOGRAPHY – BY LANGUAGE***Updated April 2017***Aboriginal (various)**

Alcheringa (*aka* Aljerre-nge, Ülchurringa). Arrernte (*aka* Arunta, Aranda) / n. / ˌaltʃəˈrɪŋɡə / al-chuh-ring-guh. A complex cultural-religious belief system, spanning all elements of life; sometimes referred to as dreamtime or ‘the dreaming’ (occurring ‘everywhen,’ embracing past, present and future).

Dadirri. Ngangiwumirr / n. / dəˈdɪ.ri / dah-dirrr-ee. A deep, spiritual act of reflective and respectful listening.

**Albanian**

Besa. n. / ˈbeɪ.sə / bay-sah. An inviolable promise; a word of honour; to keep an oath.

**Afrikaans**

Dwaal. n. / dwa:l / dwahl. A dreamy, dazed, or absent-minded state.

**Aleut**

Qanglaagix. p. / kæn.glɑːgˈɪx / kan-glah-ghikh / *aka* Tulukaruq (Yup'ik). The Raven, mythological figure of the Inuit, Aleut and Yupik peoples; not a creator deity per se, but a figure who guides the people and shapes their world (although can also feature in stories as a ‘trickster’ figure).

**Amharic (አማርኛ)**

Tizita (ትዝታ). n. / ti:zi:tə / tih-zee-tuh. A bittersweet remembrance and longing for a time, person, thing gone by.

Yilugnta (ይሊኅንታ). Amharic / n. / ji.lɒnj.tə / yih-lun-ytuh. A feeling of obligation to consider and defer to the opinion of others (in a positive way).

**Arabic**

Asabiyyah (عصبية). n. / a.sa:'bi:.ja / ah-sah-bee-yah. Solidarity; group feeling; group consciousness.

Baraka (بركة). n. / 'bʌ.rʌ.kʌ / buh-ruh-kuh. Spiritual energy; 'sanctifying power'.

Dhikr (ذِكْر). Arabic / n. / 'ðɪ.kər / zthi-krr. Lit. remembrance; devout contemplation; worship, particularly in the Sufi tradition (often involving music, singing, and dance).

Dunyā (دُنْيَا). n. / dən'ja: / dun-yaa. Lit. closer or lower; the temporal world (in contrast to Ākhirah (الْآخِرَة), the afterlife); earthly concerns, delights, and possessions.

Fanaa (فناء). n. / fə.nɑ: / fuh-nar. Annihilation, destruction; e.g., used in Sufism to describe the 'annihilation' or overcoming of the ego, leading to enlightenment and union with God.

Fitra (فطرة). n. / fɪ.træ / fih-trah. Disposition; nature; instinct; used in religious discourse to describe an innate purity and closeness to God.

Halāl (حلال). n. / hə'la:l / huh-lahl. Allowed, permissible; in accordance with Islamic law (especially relating to food).

Insha-Allah (إِنْ شَاءَ اللَّهُ). v. / ɪnʃ'a.lə / in-shall-ah. God willing ('may Allah wish it'), a hopeful wish.

Ishq (عشق). n. / ɪʃk / ishk. Fervent, true, all-consuming love.

Islam (الإسلام). n. / 'ɪslɑ:m / iss-lahm. Many meanings, including surrender, peace; the religion of Muslims.

Kayf (كَيْف). n. / keɪf / kayf. Pleasure, satisfaction; wellbeing; humour; mood; will.

Khalas (خلاص). n. / k'hæ.læs / kha-lass. Something (e.g., a task) that is irrevocably done/over/finished (often with an implication of liberation/deliverance as a result).

Muraqaba (مراقبة). n. / mʊə.rə.kʌ.bʌ / mooh-reuh-kuh-buh. Watchful attention; vigilance; wakefulness; used for a form of Sufi meditation.

Sadaqah (صدقة). n. / s'a.da.qa / suh-duh-kuh. Lit. justice, righteousness; generosity/charity (mandated by justice); required righteous giving.

Salām (سلام). n. / sa'la:m / sah-lahm. Peace, harmony, wholeness, prosperity, welfare and tranquillity; used also as a greeting/parting salutation.

As-salāmu 'alaykum (السَّلَامُ عَلَيْكُمْ). inj. / as:a'la:mu ʕa'lajkum / ah-sah-lah-mu kha-lay-koom. Lit. peace be upon you; a standard form of greeting.

Sama (سَمَاع). Arabic / n. / 'sa.ma / sah-mah. Lit. listening; devout contemplation; worship, particularly in the Sufi tradition (often involving music, singing, and dance).

Samar (سمر). v. / 'sa.mar / sah-mahrr. To sit together in conversation at sunset/ in the evening.

Sumud (صمود). n. / sə'mu:d / suh-mood. Steadfastness; perseverance; a determined struggle to persist.

Taarradhin (تراض). n. / 'tæh.ræh.di:n / takh-rah-deen. A 'win-win'; a positive agreement, solution, compromise.

Tarab (طرب). n. / 'ta:rəb / tah-rrb. Musically-induced ecstasy or enchantment.

Tarbiya (تربية). n. / tɑ:bi:jə / tar-bee-yuh. Education; development; training; can refer to on-going moral and spiritual development.

Taşawwuf (التصوف). Arabic / n. / tɪ'saʊf / tuh-souwʃ. Lit. one who wears wool; Arabic name for a mystical, esoteric branch of Islam.

### Armenian

Tsavn danem. int. / tsæv danem / tsav dah-nem. Lit. 'let me take away your pain'; used in various ways to position the speaker as interested in / caring about the other.

### Balinese

Ramé. n. / ɾɑ:'meɪ / rah-may. A lively and/or boisterous social occasion; an event that is both chaotic and joyful.

### Basque

Gaupasa. n. / gaw'paʃa / gao-pasha. Lit. to spend the night, or 'all-nighter'; e.g., o spend the night partying and to arrive home at dawn.

Jatorra. Adj. / xɐ'tɔ:rɑ / khuh-torr-ah. Genuine, nice, trustful, truthful, agreeable.

Poteo. n. / pə'teɪ.əʊ / puh-tay-oh. To tour a street's bars in the evening drinking potes (small measures of wine or beer).

Sirimiri. Basque / n. / si.ri.'mi.ri / sih-ree-mih-ree. A very light mist of rain (that is often long-lasting).

### Bengali

Abhisar (অভিসার). n. / ɒb.hi:ʃɑ: / ob-hih-shaar. Lit. 'going towards'; a meeting (often secret) between lovers / partners.

Nyaka (ন্যাকা). adj. / naɪ.jæ.kə / niy-ah-kuh. Coy, coquettish; feigning ignorance (often used pejoratively).

### Breton

Startijenn. n. / sta:t.i'ʒɛn / start-ih-zjen. A kickstart/boost of energy; also denotes perseverance.

### Boro

Onsay. v. / 'ʌn.seɪ / uhn-say. To pretend to love.

Onsra. v. / 'ʌns.rɑː / uhns-rah. To love for the last time; the feeling that love won't last.

### Catalan

Enraonar. v. / en.ra.o'na / en-ra-oh-na. To discuss in a civilised, reasoned manner.

### Cherokee

Gadugi. n. / gæ'du:giː / gah-doo-gee. Cooperative labour; working together for the common good.

### Chinese (Mandarin, unless specified otherwise)

Bēi xī jiāo jí (悲喜交集). n. / beɪ.ɕi.ɕiɑʊ.ɕi / bay-shee-jeeow-jee. Intermingled feelings of sadness and joy.

Chán (禪). n. / tʃæn / chan. The Chinese adaptation of *dhyāna/jhāna* (concentrated attention; absorption; intense contemplation of the nature of the object of meditation).

Dān tián (丹田). n. / dæn.ti:ɛn / dan tee-en. Lit. energy centre; places in the body that are believed to be significant in the flow of qi; focal points for meditative exercises Ēn (恩). n. / ɜ:n / uhn. Moral indebtedness; duty, obligation.

Fā qì (发气). v. / fæ tɕʰiː / fah chee. Projecting qi to the exterior/outside of the body; can also mean expressing anger.

Fēng shuǐ (風水). n. / fýŋ ʃwèi / fung shoo-ay. Lit. 'wind-water'; a philosophy of space and spatial arrangements (e.g., in relation to the flow of qi).

Fēng yùn (風韻). n. / fýŋ ju:ɛn / fung yoo-en. Charm; grace; elegant bearing.

Gōng fu (功夫). n. / ɡoŋ.fuː / gong-foo. Lit. work/achievement (by a person); refers generically to acquisition of a skill (particularly if it takes time and effort); more recent usage reserves it specifically for martial arts.

Gōng hé (工合). v. / ɡoŋ.χɜː / gong-hur. Lit. work together; the basis for the anglicised term gung-ho.

Guān xì (關係). n. / ɡwɔn.çiː / gwun-shee. A build-up of relationships and good social karma.

Guò yǐn (過癮). n. / ɣwɔ.jiɛŋ / kwor-yi-in. Satisfaction of a craving; a highly pleasurable and enjoyable experience.

Jīng shū (驚輸). n. / dʒiŋ.fu / jing-shoo / *aka* kiasu (Hokkien). Fear of losing or missing out (FOMO); can denote a selfish, grasping attitude.

Kào pǔ (靠譜). adj. / ɤɔ.pu.uː / kow-poor. Reliable, responsible; able to do things without causing problems.

Kiasu (驚輸) (Hokkien, n.): fear of missing out; a selfish, grasping attitude.

Kuài lè (快乐). n. / ˌkwaiˈlɜː / kwy-ler. Lit. fast/quick (kuài) cheer/joy (lè); pleasure/satisfaction; hedonic happiness.

Lǐ (禮). n. / liːi / lee-e. Etiquette, decorum, ceremony, custom, propriety.

Qì (氣). n. / tɕʰiː / chee. Lit. air, breath; ‘life force/energy’.

Qì chang (氣場). n. / tɕʰiː tʃæŋ / chee chang. Energy field (e.g., between/surrounding multiple people).

Qì gōng (氣功). n. / tɕʰiː ɡoŋ / chee-gong. Lit. ‘qì/breath work’; a practice of developing mastery over body and mind; cultivating *qi* as a way to improve health, and as a way of self-defence.

Qì zhì (氣質). n. / tɕʰiː tʃʑɿ / chee jrr. Quality of character, disposition, style, charm, attractiveness, magnetism.

Rén (仁). n. / ɣɛn / ren. Humanity, benevolence; the positive feeling enjoyed by a virtuous person through altruistic behaviour.

Tai (太). n. / tai / ty. Great, greatest, supreme, ultimate.

Tài-jí [Tai chí] (太極). n. / tai tɕʰiː / ty-chee. Lit. supreme/ultimate force/energy; a form of martial art involving slow, deliberative movements.

Tao (道). n. / tʰaʊ / t/d-ao. All-powerful and pervasive power, path or way; the unfolding dynamic process of reality itself.

Shěnměi píláo (审美疲劳). n. / ʃɛn.mei piːlao / shen-may pee-lao. Aesthetically fatigued; exposure to so much beauty that one ceases to appreciate it.

Shù (恕). n., v. / ju: / shoo. Forgiveness (to forgive as verb); mercy; reciprocity.

Wú (無). n. / wu: / woo. Negative, void, nothingness, non-being; can imply 'neither yes nor no'.

Wú jí (無極). n. / wu: tɕʰi: / woo chjee. Lit. without highest point, utmost point, ridgepole; ultimate, boundless, limitless; the primordial universe; original nature.

Wú wéi (無為): to 'do nothing,' acting in accordance with the Tao, being natural, uncontrived and effortless.

Xiào (孝). n. / ɕi.au / shee-aow. Filial piety; family reverence.

Xīn (心). n. / ɕin / shin. Heart and mind (and even spirit) combined.

Xìn (信). n. / ɕin / shin. Truth/truthfulness; sincerity; trust/trustworthiness.

Xìng fú (幸福). n. / ɕiŋ. fʊ: / *shing-fuu*. Fortunate (xìng) blessing (fú); contentment; deep happiness.

Xīn kǔ (辛苦). n. / ɕin. ku: / shin-koo. Appreciation and recognition for others and their efforts.

Xíng qì (行氣). v. / ɕiŋ tɕʰi: / sing chee. Volitionally (e.g., mentally) circulating or directing qì.

Xiū liàn (修煉). n. / ɕi.u li.en / see-oo lee-en. Spiritual training; self-cultivation; practising asceticism or austerities.

Yì (義). n. / ji: / ee. Duty; justice; a moral disposition towards goodness.

Yīn yáng (陰陽). n. / 'ji:n'jɿŋ / yin-yung. Cloud/cloudy (Yīn), sun/sunlit (Yang); holistic duality; dialectical (co-dependent) opposites.

Yuán bèi (圓備). n. / juen.bei / yoo-en-bey. Preparation completed; being reunited; full recovery, especially of the physical body; a sense of complete accomplishment.

Yuán fèn (緣分). n. / juen'fɛn / yoo-en-fen. A relationship ordained by fate/destiny; natural affinity or chemistry.

Kuài lè (快乐): *kuài* (which describes something as being fast or quick) with *lè* (which refers to being joyful or cheerful); pleasure, happiness.

Wú wéi (無爲). Chinese / n. / wu: wei / woo way. Lit. non-action or non-doing; natural, spontaneous, effortless action; aligning with the Tao.

Zhì (智). n. / tʂʂɿ / jrr. Wisdom, perspicacity, knowledge.

**Chinook**

Potlatch. n. / pɒt.lætʃ / pot-lach. Lit. to give, or gift; a ceremonial feast in which possessions are given away (e.g., to enhance one's prestige).

**Creole**

Mojo. Creole (Gullah) / n. / məʊ.dʒəʊ / mow-joe. Lit. witchcraft; a magic charm or spell; sex drive/appeal; personal magnetism or charm.

**Croatian**

Fjaka. n. / fjâ.ka / fyah-kah. Relaxation of body and mind; sleepiness, drowsiness; the 'sweetness of doing nothing'.

**Czech**

Vybafnout. v. / vɪ' bæf.naʊt / vih-baf-nowt. To jump out and surprise someone by saying 'boo'.

**Danish**

Arbejdsglaede. n. / 'ɑ:.baɪdʒ<sup>h</sup>s,glɪl / ar-bides-glil. Lit. work gladness/joy; pleasure/satisfaction derived from work.

Folkelig. adj. / fɒl'kɪ.li: / foll-ki-lee. Folkish; belonging to the people; democratic national spirit/sentiment; having broad popular appeal.

Janteloven. n. / 'jandə,lou'ən / yan-deh-low-ven. Lit. the 'Laws of Jante' (a fictional community in a novel by Aksel Sandemose); a set of rules which discourages individualism in communities.

Kæk. adj. / kæk / kek. Spirited, bold, cheeky, cocky.

Morgenfrisk. adj. / 'mɔ:n.frɪsk / morn-frisk. Lit. 'morning-freshness'; feeling rested after a good night's sleep.

Overskud. n. / 'ɒwesɡud / oh-wuhs-good. Extra/excess energy; do have sufficient resources to do something; profit (in an economic context).

**Dutch**

Borrel. n. / bɔ:rəl / bohr-uhl. Party, revelry; reception, meeting; get-together.

Deftig. adj. / def.tən / def-tukh. Dignified, ceremonious, formal, genteel.

Engelengeduld. n. / 'ɛŋ.gə.lən'ʏə.dʊlt / *eng-uhl-uhn-kher-dult*. Angelic patience (i.e., great patience).

Feestvarken. n. / feɪst.vər.kən / *fayst-var-ken*. Lit. party pig; someone in whose honour a party is thrown.

Gezellig. adj. / ʒə'zɛl.əʏ / *khe-zell-ikh*): cosy, warm, intimate, enjoyable; often a shared experience (with close others).

Gunnen. v. / ʒən.ən / *khun-un*. To think that someone deserves something (good); to feel happy for them getting it.

Luchtkasteel. n. / 'lʏxt.kʌ.stɛl / *lookht-kuh-still*. Lit. 'air castle'; illusion, dream.

Poldermodel. n. / 'pɔl.dər.mɔ.dɛl / *pol-duh-moh-del*. From polder (a piece of land); consensus-based decision making. As a verb (*polderen*): to solve problems using dialogue.

Pretoogjes. n. / pret'o:x.ji:s / *pret-oh-yeess*. Lit. 'fun eyes'; the twinkling eyes of someone engaging in benign mischief or fun.

Lekker. adj. / 'lɛ.kər / *leh-ker*. Tasty (food); relaxed, comfortable; pleasurable; sexy.

Uitbuiken. v. / 'ʊt.bɜ:.ʏən / *oat-ber-ghen*. Lit. 'outbellying'; to relax satiated between courses or after a meal.

Uitwaaien. v. / 'ʊt.vai.ən / *oat-vye-en*. Lit out-windy; to walk in the wind; to go out into nature (perhaps to clear one's head).

Voorpret (n.): lit. 'pre-fun'; the sense of pleasurable anticipation before a looked-forward-to event.

Weemoet. Dutch / n. / veɪ.mu:t / *vay-moot*. Lit. sadness, woe (wee) courage, daring, mood (*moet*); having the strength to overcome a feeling of sorrow (e.g., arising in relation to nostalgia).

## Dayak

Ngarong. n. / ən.gæ.rɔ:ŋ / *nn-gah-rawng*. Spirit guide or protector (sometimes but not always an ancestor); dream helper; a guide who appears in a dream or vision (e.g., providing a solution to a problem).

## Egyptian (ancient)

Akh (ꜥḫ). n. / ækʰ / *akh*. Thought, intellect; enduring soul; reanimated after death by the union of *ba* and *ka*.

Ba (bꜣ). n. / bæ / *bah*. Personality; everything that makes an individual unique; one of five parts of the soul in Egyptian thought.



Ib. n. / ɪb / ib. Heart (physical and metaphysical); the seat of emotion, thought, will and intention; one of five parts of the soul in Egyptian thought.

Ka (kɜ). n. / kæ / kah. Vital essence; that which separates a living being from a dead one; one of five parts of the soul in Egyptian thought.

Maat (mʰ3t). n. / mɑ:t / mart. Justice and truth, order and equity; the foundational principle of ancient Egypt; personified as a goddess (daughter of sun God Ra).

Ren (rn). n. / rən / rn. Name (given at birth); person believed to live as long as that name was spoken; one of five parts of the soul in Egyptian thought.

Sheut (šwt). n. / ʃwɛt / shwet. Shadow, silhouette; the ever-present shadow of death; one of five parts of the soul in Egyptian thought.

### English (uncommon / new coinage)

Ambedo. n. / æm'bi:dəʊ / am-bee-doh. A melancholic trance involving absorption in vivid sensory details; coined by John Koenig.

Chrysalism. n. / 'krɪs.ə.lɪsm / kriss-uh-lissm. The amniotic tranquility of being indoors during a thunderstorm; coined by John Koenig.

Degrassé. n. / də.græs.ɛɪ / duh-grass-eh. Entranced and unsettled by the vastness of the universe; coined by John Koenig.

Deliciate. v. / də.lɪs.i.ɛɪt / duh-liss-ee-ayt. Luxuriating, revelling in intense pleasure.

Eucatastrophe. n. / ju:kə.tæ.strə.fi / yoo-kah-tah-stoh-fee. A sudden, favourable resolution of events; a happy ending. Coined by J. R. R. Tolkien.

Grok. v. / grɒk / grok. Complete empathy and understanding; to understand someone or something thoroughly that observer becomes part of the observed; coined by Robert H Heinlein.

Holon. n. / həʊ.lɒn / hoe-lon. Combining holos (all, whole) with on (denoting a part), reflecting the idea that everything is simultaneously a whole and a part; coined by Arthur Koestler.

Kenopsia. n. / kɛn'ɒp.si:ə / ken-ɒp-see-uh. From the Greek roots kenosis (emptiness) and opsia (seeing); appraising the lack or absence of something (especially people); the strange eeriness of empty or abandoned places; coined by John Koenig.

Klexos. n. / 'kleks.əʊs / klek-sohss. The art of dwelling on the past; coined by John Koenig.

Lutalica. English (new) / n. / lu:tæ.lɪ.kə / loo-tah-lik-ah. The part of your identity that doesn't fit into categories; coined by John Koenig.

Montivagant. adj., n. / mɒn.ti.və.gənt / mon-tiv-a-gnt. Wandering over mountains or hills (as adj.); one who wanders so (n.).

**Nodus Tollens.** n. / 'nəʊ.dəs 'tɒl.əns / *no-dus toll-uns*. From the Latin roots *nodus* (a knot) and *tollens* (to remove or lift up); the feeling that your life doesn't make narrative sense, or fit into a neat story; coined by John Koenig.

**Novaturient.** adj. / nəʊ.və.tjʊə.riənt / *noh-vah-tyuur-ient*. Latinate, meaning the desiring or seeking of strong changes in one's behaviour or situation.

**Opia.** n. / 'əʊ.piə / *oh-pee-ah*. The ambiguous intensity of eye-contact; coined by John Koenig.

**Petrichor.** n. / 'petrɪkɔː / *pet-rih-kor*. From the Greek stems *petro/a* (stone/rock) and *ichor* (fluid; watery discharge); the earthy scent produced when rain falls on dry soil; coined by Isabel Joy Bear and Richard Thomas.

**Sawol.** n. / 'sɑːwɒl / *sah-wol*. Soul; immortal principle; possibly from the Proto-Germanic *saiwala* (potentially meaning 'of the sea').

**Selcouth.** adj. / 'sel.kuːθ / *sell-kooth*. Rare, strange, marvellous, wondrous.

**Semaphorism.** n. / sɛm'æ.fə.rɪz.əm / *sem-ah-fur-ism*. An enigmatic, conversational hint that you have something personal to say on a subject; coined by John Koenig.

**Socha.** n. / səʊ.hɑː / *soe-khah*. The hidden vulnerability of others; the illusion of others' invulnerability arising from their distance from ourselves; coined by John Koenig.

**Sonder.** n. / 'sɒndə / *son-duh*. Possibly from the French verb *sonder* (to probe) and/or the German adjective *Sonder* (special); the realization that everyone has a life as vivid and complex as your own, which proceed despite one's own lack of awareness of these); coined by John Koenig.

**Strikhedonia.** n. / strɪk.hɛ'dəʊ.niːə / *strik-he-doh-nee-uh*. Lit. 'strike out pleasure' (i.e., striking out in a new direction); the joy of not caring, of saying 'to hell with it'.

**Zielschmerz.** English (new) / n. / tsiːl.ʃmɜːts / *tseel.shmairts*. Based on the German roots *Ziel* (goal, destination) and *Schmerz* (pain, woe); the exhilarating dread of finally pursuing a lifelong dream; coined by John Koenig.

## Farsi

**Ta'ârof** (تعارف). n. / t̪ʰɑː'rof / *thar-rof*. Politeness, social intelligence (e.g., in relation to receiving/offering hospitality/gifts).

## Fijian

**Talanoa.** v. / tələnɔːə / *tuh-luh-nor-uh*. To tell stories; to chat or gossip (in ways that can serve as a 'social adhesive').

**Finnish**

Jaksaa. v. / 'jak.sa: / yak-sah. To have energy, enthusiasm, and spirit (e.g., for a task).

Maadoittuminen. v. / 'ma:doi.tu:mi.en / mah-doi-too-min-en. Grounding, earthing; rooting oneself in nature.

Morkkis. n. / mɔ:ks / morks. A moral or psychological hangover; post-hoc embarrassment or shame at one's drunken behaviour (and dread or confusion about what one *might* have done).

Myötähäpeä. Finnish / n. / mu:ɜ:tə.hæ.pei.ə / moo-er-tuh-hah-pay-uh. Vicarious embarrassment, shame; a cringing feeling.

Raaskia. v. / 'ra:skia / rah-skee-ah. To have the heart, courage to do something.

Sisu. n. / 'si.su / si-su. Extraordinary determination/courage, especially in the face of adversity.

Talkoot. n. / 'tal.ko:t / tahl-koort / aka talko (Swedish). A collectively pursued or undertaken task; voluntary community work.

Tarjeta. v. / ta:r'jet.ə / tarr-yet-uh. To be able to withstand the cold (and function effectively).

**French**

Amour de soi. n. / amur də swɑ / a-moor-de-swuh. Lit. 'love of oneself'; self-esteem that is not contingent on others' judgement.

Amour fou. n. / amur fu / a-moor-foo. Mad/crazy/foolish love.

Amour propre. n. / amur 'prɔ.pr / a-moor-prrop-ruh. Lit. 'self-love'; self-esteem that is contingent on others' judgement.

Apéritif. n. / ap.er.it.if / ah-per-ree-teef. A drink taken before dinner (and the social occasion involving this).

S'apprivoiser. v. / s'apri'vwaze / s-a-prre-vwa-zay. Lit. 'to tame'; in the context of a relationship can describe a mutual process of each side learning to trust/accept the other.

Arriviste. n. / ar.iv.ist / ah-ree-veest. An ambitious social-climber or go-getter (with connotations of ruthlessness).

Béatitude. n. / bei'æt.it.ju:d / bay-at-it-ude. Supreme happiness; a state of blessedness.

Beau geste. n. / bo ʒest / boh zhjest. A graceful, noble or beautiful gesture (especially if it is futile or meaningless).

Bon vivant. n. / bɔ̃ vivɑ̃ / bon vih-voh. Someone who enjoys and appreciates the good life.

Bricolage. n. / bri.kɔ.laʒ / brih-koh-laazge. DIY; a makeshift job; construction of something achieved by using whatever comes to hand.

Capoter. Quebec / v. / kapɔte / kah-poe-tay. Lit. to overturn or derail; can be used in a positive way to express delight or ecstasy; can also be used in negative contexts to imply feeling overwhelmed and/or at a loss.

Carte blanche. n. / kart blɑ̃ / kaart-bloh. Lit. 'white card'; being granted or invested with power, authority to do as one wishes.

Chic. adj. / ʃi:k / sheek. Elegant, stylish, fashionable.

Cocaigne. n. / kɔ.kɑ̃ / kok-ang / aka Cockaigne (English). A mythical land of ease and plenty (etymology uncertain).

Coup. n. / ku / koo. Lit. strike; a well-executed manoeuvre; a sudden tactical victory.

Coup de foudre. n. / ku də 'fudrə / coo-de-foo-druh. Lit, a 'lightning bolt', sudden and powerful love at first sight.

Débrouillard. adj., n. / de.brɥ.jɑ̃ / deh-brroo-yah. Resourceful; skilled at adapting to any situation; a resourceful person who can act independently or cope with any development (n.).

Se déhancher. v. / sə deɑ̃ʃe / suh de-hon-shay. To sway or wiggle one's hips (e.g., while dancing).

Dépayser. v. / de.pei.ze / deh-pay-zay. Disorientation; not necessarily unpleasant (e.g., a pleasant sense of strangeness from being in a foreign country).

Don de soi. n. / dɔ̃ də swa / doh duh swah. Giving/donating oneself; self-sacrifice; altruism.

Différance. n. / di.feʁ.ɑ̃s / dih-fer-ahs. Difference and deferral of meaning; coined by Derrida in relation to his philosophy of deconstruction.

En plein air. French / phrase / ɑ̃ plɛn ɛʁ / ohn-plen-ayrr. Outdoors; in the open air.

S'entendre. v. / sɑ̃.tɑ̃.dʁ / soh-toh-drruh. Lit. to hear one another or oneself; to agree; to understand; to get on.

L'esprit de l'escalier. phrase / lɛs'pri də lɛs'kal.je / less-prree-duh-less-kal-ee-ay. Lit. staircase wit (cf. Treppenwitz); a witty and/or incisive rejoinder that comes to mind just *after* an interaction.

Flâner. v. / fla.ne / fla-nay. Leisurely strolling (e.g., through the streets). As noun (Flâneur): one who strolls (e.g., to experience the city).

Frimousse. n. / frimus / frree-moose. A sweet/cute little face.

Frisson. n. / frisɔ̃ / frree-soh. A sudden feeling of thrill, combining fear and excitement.

Gourmandise. French / v., n. / gurmɑ̃diz / goor-mohn-deez. Appreciation and/or consumption of good food and drink (as verb); appreciation or consumption of the same (as noun); possible connotations of greed or gluttony.

Joie de vivre. n. / ʒwaː də 'vi:vɾə / jwa-de-vee-vruh. Joy of living / for life; exuberance, ebullience; zest for life, the knack of knowing how to live.

Jouissance. French / n. / ʒ'wi.sãs / szh-wee-sonse. Physical or intellectual pleasure, delight, or ecstasy; an orgasm.

Laissez-faire. n. / lese fɛʀ / ley-say fare. The tendency or willingness to leave things to take their own course, without interfering.

Nombrilisme. n. / nɔ̃.bri.lism / noh-bree-leezm, Lit. 'bellybuttonism' or navel-gazing; self-centredness, self-absorption; egoism.

Parole. n. / pa.ʀol / pah-rrol. Word, speech, promise, oath.

Recherché. adj. / ʀ(ə)ʃɛʃe / suh-she-shay. Rare, exotic, unusual; not understood or appreciated by many people.

Retrouvailles. n. / ʀə.tɾu.vaj / ruh-trroo-vy. Lit. 'rediscovery'; a reunion (e.g., with loved ones after a long time apart).

Salon. n. / salɔ̃ / sall-ohh. Lit. lounge or sitting room; cultural events or groupings, usually devoted to literature and art, and often run by a female host.

Savoir-être. n. / sav.waʀ.ɛtʀ / sav-wah-et-ruh. Lit. knowing how to be; knowing how to be and carry oneself; 'soft' or interpersonal skills.

Savoir-faire. n. / sav.waʀ.fɛʀ / sav-wah-fare. Lit. knowing how to do; the ability to behave in a correct and confident way in different situations.

Savoir-vivre. n. / sav.waʀ.viv.ʀ / sav-wah-veev-ruh. Lit. knowing how to live (particularly in an elegant or refined way); being familiar with norms and customs.

Soirée. French / n. / swa.ʀe / swah-rray. A relatively cultured evening party, often centred around music or conversation

Taizé. French / n. / 'tɛ.zei / teh-zay. Contemplative Christian worship practiced by the ecumenical Taizé community in France (characterised by music and/or singing, interspersed with readings, prayers, and silence).

Terroir. n. / terwaʀ / tayr-wahr. Lit. earth or soil; the natural ecosystem/environment in which a product is grown, and the qualities imbued within the product as a result.

Touché. v. / tu.ʃe / too-shay. Lit. to touch (past part.), used to acknowledge a hit in fencing; acknowledgement of a good point being made (e.g., by an interlocutor in an argument).

Trouvaille. n. / tʁu.vaj / tkhroo-vay. A lucky find; something good/valuable discovered by chance.

**Gaelic**

Craic. Gaelic / n. / kræk / crack. Fun, revelry, good times; 'what's going on'.

Suaimhneas croí. n. / siv.ni:æs kr'i / siv-nyass kree. Lit. happy, peaceful relaxed (Suaimhneas) heart, core (croí); happiness, contentment (e.g., in relation to finishing a task).

**Galician**

Morriña. n. / mo'riɲa / moh-rreen-yah. Longing; homesickness; notalgia.

**Georgian**

Shemomechama (შემომეძამა). v. / ʃɛ.mɔ.mɛdʒɑ:mə / sheh-moh-meh-djah-muh. To eat past the point of satiety (e.g., due to enjoyment of the food).

**German**

Anschauung. n. / 'æɪn.ʃaʊʊŋ / an-shao-ung. Sense perception; apprehension or immediate perception.

Anstand. n. / 'an.ʃtant / an-shtant. Decency, integrity; moral, modest and decorous behaviour.

Aufheben. v. / 'aʊf.ɰe:bɪm / orf-hee-bn. Sublimation; to raise up, to remove/suspend/repeal/set aside, yet also paradoxically to preserve/keep.

Beruf. n. / bə'ru:f / buh-rooff. Trade, job, occupation; vocation, calling; religious calling.

Beschaulich. adj., adv. / bə'ʃaulɪç / beh-shao-lish. Quiet, pensive; living a simple life; pleasantly contemplative, unhurried in a fashion that inspires mental well-being.

Bildung. n. / 'bɪldʊŋ / bill-doong. Education, formation, acculturation, cultivation, development.

Bildungsroman. n. / 'bɪldʊŋs .ʁoˌma:n / bill-doongs roe-mahn. A coming-of-age story; a narrative of education/formation.

Brav. adj. / bra:f / brraaf. Pleasant, earnest, well-behaved.

Das man. n. / das man / dass man. Lit. they-self; 'the they'; people, anyone; one.

Dasein. v. / 'da:zain / dah-zine. Lit. 'being here/there'; Heidegger's term for a human being, capturing the sense that people always exist in a context (e.g., in a world and in a certain mood).

Doch. German / particle / dɔx / dokhh. But, nevertheless, all the same, though, after all.

Eigenwillig. adj. / 'aɪn.vɪlɪç / i-gn-vill-isch. To have a will of one's own; behaving and doing things in a manner that reflects one's own personality and idiosyncrasies.

Einfühlung. n. / ain.fy:lʊŋ / ayn-foo-long. Lit. 'feeling into'; close to empathy, but also often used in the context of art (e.g., the ability to directly perceive its quality or meaning).

Ereignis. n. / ɛɐ' | aɪgnɪs / err ihg-niss. Something 'coming into view'; the realm in which the 'truth of being' is manifested.

Erfolgserlebnis. n. / ɜ:'fɒlks.ɜ:li:b.nɪs / er-folks-er-leeb-niss. Lit. 'success experience'; a feeling of success, a sense of achievement.

Erschlossenheit. n. / ɛɐ'ʃlɔsn.haɪt / err-schloss-un-hite. World disclosure; the process by which things become intelligible and meaningfully relevant to human beings.

Fein. adj. / faɪn / fine. Fine, tender, noble, honourable, unique.

Fernweh. n. / 'fɪz:n.ve: / fiern-vay. Lit. far/distant (*Fern*) pain/woe (*Weh*); the 'call of faraway places'; homesickness for the unknown.

Feierabend. n. / faɪəʔa:bənt / fire-ar-bent. Lit. 'evening celebration'; the festive mood that can arrive at the end of a working day; can also just mean the end of the working day (with no particular festive connotation).

Fingerspitzengefühl. n. / 'fɪŋɛʃpɪtsŋgə fy:l / fing-ah-shpitz-en-gu-foo-eh. Lit. 'fingertip feeling'; the ability to act with tact and sensitivity.

Fremdschämen. n. / 'frɛmt,ʃɛ:mən / fremt-shay-mn. To be embarrassed/ashamed (*schämen*) for someone else (*Fremd*); vicarious embarrassment; shame on behalf of another person; a cringing feeling.

Ganzheit. n. / 'gænz.haɪt / ganz-hite. Unity; integrated whole; undivided completeness; total and complete.

Geborgenheit. n. / gə'bɔrgŋ,haɪt / geh-bor-gen-hite. Feeling protected and safe from harm.

Geistig. adj. / 'gai.stɪç / gie-steesh. Spiritual; intellectual.

Gelassenheit. n. / gə'lasŋhaɪt / geh-lah-sen-hiyt. Self-surrender/abandonment; yielding to God's will; serenity, calmness.

Gemütlichkeit. n. / gə'my:tlɪçkaɪt / geh-moot-lish-kite. a feeling of comfort, cosiness, homeliness. As adjective (*Gemütlich*): cosy, homely, comfortable.

Gestalt. n. / gə'ʃtalt / guh-shtalt. An overall pattern / configuration; the notion that the whole is greater than the sum of its parts.

Geworfenheit. n. / gə'vɔ:fən.haɪt / guh-vor-fuhn-hite. 'Thrownness'; existence as characterised by the condition of being thrown into contexts that are not of one's choosing).

Habseligkeiten. n. / 'ha:pze:lɪçkaitn / *hab-zee-lish-ky-ten*. Lit. belongings; can imply one's most precious, treasured possessions (especially if one has few possessions).

Heimat. n. / 'haɪ.ma:t / *hi-mat*. Home; a place to which one feels one belongs; a homeland.

Heimlich. adj. / 'haɪm.lɪç / *hime-lisch*. secretive, clandestine.

Heimelig. adj. / 'haɪ.mə.lɪç / *hi-m-lig*. Cosy, homely, secure.

Herrliche Gefühle. n. / 'hɛrlɪç gə'fy:l / *hair-leesh guh-fool*. Glorious, lovely, gorgeous (Herrliche) feelings, sentiments (Gefühle); a notion associated with Goethe, who described these as forces that 'give us life.'

Herz-klopft. n. / hɛrts. klɔpft / *hairts-kloptf*. Lit. 'heart-knock'; the thumping of the heart in anticipation of something good (or bad) happening.

Innig. adj., adv. / 'ɪn.ɪç / *in-eech*. Heartfelt, tender; devoted, intimate; dear.

Kitsch. n. / kɪtʃ / *kitch*. Pleasantly tacky objects or art; objects whose beauty and/or charm is superficial or 'fake', but is somewhat appreciated nonetheless.

Konfliktfähigkeit. n. / kɒn'flikt.fɛɪ.ɪç.haɪt / *kon-flict-fay-ikh-hite*. The ability to manage interpersonal conflict constructively, without becoming personally involved.

Lebenslüge. n. / 'le:bns.ly:gə / *lee-bns-loo-guh*. Lit. life lie; falsehoods (e.g., about one's past) that one tells oneself in order to live with oneself.

Lust. n. / lʊst / *loost*. Pleasure, joy; desire, wish; satisfaction.

Mahnmal. n. / 'ma:n.ma:l / *marn-marl*. Memorial/monument to past tragedy (serving as a warning against it being repeated).

Mitdenken. v. / mɪt'dɛŋkən / *mit-deng-ken*. Lit. 'with thinking'; being able to follow another person's thoughts; reaching sound conclusions without having to be told; the ability to think for oneself; cognitive empathy.

Mitsein. v. / mɪt.zain / *mit-zine*. Lit. 'being with'; coined by Heidegger to capture the way that, ontologically, humans are always already with others of their kind.

Nachträglichkeit. n. / 'na:x.trɛ:klɪç.haɪt / *nark-tye-leekh-hite*. Deferred action, retroaction, 'afterwardsness'; retroactive attribution of meaning to earlier events.

Nichtwollen. n. / nɪçt'vɔlə / *neekht-voh-ley*. Non-willing, non-wishing, non-wanting.

Schnapsidee. n. / ʃnaps i'de: / *shnaps-ee-day*. Lit. liquor idea; a daft or ridiculous plan (thought up usually, though not necessarily, while drunk); generally used pejoratively.

Schulbildend. adj. / ju:l.bɪl.dənt / *shoo-bill-dnt*. Inspiring or leading to the creation of schools of thought.

Schwärmerei. n. / ʃvɛr.mə'rai / *shver-mer-ay*. Excessive or extreme enthusiasm or sentimentality.



Schwellenangst. n. / 'ʃvɛlə.əŋst / *shvell-uhn-ungst*. Fear, anxiety relating to crossing a threshold (literally or metaphorically).

Sehnsucht: n. / 'zeɪn.zu:xt / *zeen-zukht*. Life longings, intense desire for alternative paths and states; lit. an 'addiction' (Sucht) to longing/pining (Sehn).

Sitzfleisch. n. / 'zɪtsflaɪʃ / *zitz-flysh*. Lit 'sitting flesh'; the ability or willingness to persevere through tasks that are hard or boring.

Sollen. German / v. / 'zɔlən / *zo-len*. To be supposed to; to ought to.

Sprachgefühl. n. / 'ʃpɾa:χɡə.fy:l / *sprark-geh-fuul*. Lit. 'language feeling'; an intuitive sense of what is linguistically appropriate; the character of a language.

Stehaufmännchen. n. / 'ʃte:|auf'mɛn.çən / *shteh-orf-men-khen*. Lit. tumbler, a roly-poly toy; used for someone who always bounces back.

Stimmung. n. / 'ʃtɪ.mʊŋ / *shtee-moong*. Mood, feeling; atmosphere; harmonisation, imbrication.

Sturmfrei. adj. / 'ʃtʊrm.frai / *shturm-frriy*. Lit. 'storm-free'; unassailable; having a free house; the freedom of being alone, without being watched by someone (e.g., a parent), to do as one pleases.

Torschlusspanik. German / n. / 'tɔ:ʃ.lu:s.pæ.nɪk / *torsh-looss-panik*. Lit. 'gate-closing panic'; the worry/fear about diminishing life opportunities as one gets older; also refers to people acting hastily generally when time is running out.

Treppenwitz. n. / 'trɛ.pən.vɪts / *treh-pn-vitz*. Lit. staircase wit (a calque of *L'esprit de l'escalier*); a witty rejoinder that comes to mind just *after* an interaction.

Versenkung. n. / fɛr'sɛn.kʊŋ / *ferr-sen-koong*. Lit. lowering, sinking; contemplation, meditation; complete immersion in an activity; total focus upon the task in hand.

Vorfreude. n. / 'fo:ʌfrɔɪ̯.də / *for-fhroy-duh* / *aka* voorpret (Dutch). Intense, joyful anticipation derived from imagining future pleasures.

Vorführeffekt. n. / 'fo:'fy:ɛ.fɛkt / *for-fyer-ef-ekt*. Demonstration effects; the impact of being observed upon people's behaviour (the observed and/or the observer).

Waldeinsamkeit. n. / valt'ain.za:m.kart / *valt-ayn-sam-kite*. Lit. forest solitude; the strange feeling of solitude or loneliness when alone in the woods.

Wahnfried. n. / 'va:n.fri:d / *varn-frreed*. Peace, freedom (Friede) from illusion, delusion, madness (Wahn).

Wanderlust. n. / 'væn.dɛ'lʊst / *van-deh-loost*. Lit. desire (Lust) to hike (Wander). A longing/desire/predilection for travel and adventure.

Weinseelig. adj. / vain.ze:li:g / *viyn-zee-leeg*. Lit. wine (Wein) soulfulness or feeling (Seelig); merriment brought on by intoxication through drinking wine.

Weltschmerz. n. / 'velt.ʃmeəts / *velt-shmerts*. World-weariness, world-hurt; causeless melancholy.

Weltanschauung. n. / 'veltænʃaʊʊŋ / vell-tan-shao-ung. Lit. world (Welt) view (Anschauung); an overarching/all-encompassing worldview or philosophy of life.

Willkür. n. / 'vɪlkyːə / vill-kuah. Following/obeying the will; choosing to obey oneself; arbitrariness, capriciousness.

Wissenschaft. n. / 'vɪsn̩ˌʃaft / viss-en-shaaft. The systematic pursuit of knowledge, learning, and scholarship; science.

Wohlweh. n. / voːl.veː / vool-vey. Lit. well-pain; pain that is pleasurable (e.g., massaging aching muscles).

Würfeln. v. / 'vʏr.fl / ver-ferl. To cast/throw dice.

Zeitgeist. n. / tsait.gaɪst / ziyt.giyst. The definition spirit / mood of the age.

Zugunruhe. n. / tsuːk.uːn.ruːə / tsook-oon-roo-uh. Migration, move (Zug) agitation, anxiety, restlessness (Unruhe): anxious behavior in migratory animals.

Zwischenraum. n. / 'tsʏtʃn̩.raum / zvish-en-raum. An open or empty space in or between things.

## Greek

Afrodíti (Αφροδίτη). pronoun / a.fro.di.tiː / ah-froh-dee-tee. In Greek mythology, the Goddess of love (also beauty, sexuality); known as Venus in Roman mythology.

Agapé (ἀγάπη): n. / ˌæˈɡɑːpiː / ag-ah'-pee. Selfless, unconditional, devotional love.

Agon (ἄγών). n. / aˈɡɒn / ah-gon. Contest, competition, gathering, struggle; often used to imply a clash of opposing forces that ultimately results in growth, progress.

Agora (Αγορά). n. / aˈɡɔːra / ah-go-rah. Assembly or meeting place; a public space, often used for markets, debates, or general congregation.

Aidos (Αἰδώς). n. / ˌaɪˌdɔːs / ay-doose. A feeling of shame that prevents people doing wrong; a sense of humility that tempers self-aggrandisement.

Aión (αἰών). n. / ˌeɪˈɒn / ee-on. A lifespan; an allotment of time; an age or era; eternity.

Akrásia (ακρασία). n. / ˌæˌkræˈsiːə / ah-krah-see-ah. Weakness of will; lack of self-control.

Aletheía (ἀλήθεια). n. / ˌɑːleɪˈθiːə / ah-lay-thee-ah. Truth, disclosure, 'unclosedness', 'unconcealedness'.

Ananke (ἀνάγκη). n. / ˌəˈnæŋˌkiː / uh-nang-kee. Necessity, compulsion, inevitability, fate.

Andreia (ἀνδρεία). n. / ˌʌnˈdreiːə / uhn-dray-yah. Courage, valour, heroism, gallantry; manliness (from *andreîos*).

Aphaíresis (ἀφαίρεσις). n. / ɛfə'ri:sɪs / eff-uh-ree-sis. Abstractive negation; to withdraw / take away (thereby revealing the truth, e.g., in mystical theology).

Apollo (Ἀπόλλων). Greek / p. / a'pól.lɔ / apoll-oh. Greek and Roman deity; God of phenomena including light, the sun, truth, prophecy, and healing.

Arête (ἀρετή). n. / a're.tē: / ah-reh-tay. Excellence; quality; virtue.

Ataraxia (ἀταραξία). n. / ætə'jæk.siə / atta-rak-sia. Robust and lucid tranquillity; peace of mind; calmness.

Ātomos (ἄτομος). Greek / n. / æ.tɒ.mɒs / ah-toh-mos. Lit. indivisible or uncuttable; the idea of the universe being composed of fundamental units.

Aútexousios (αὐτεξούσιος). adj. / ew.te'xu:si.os / ew- teh-khoo-see-oss. Mastery of oneself; exercising agency / free will (especially in the sense of independently of the passions/emotions).

Charis (χαρίς). n. / k'há.ris / khah-riss. Grace, kindness, beauty, nobility.

Charmolypi (χαρμολύπη). n. / sɑ:məʊ'li.pi: / sar-mo-lih-pee. Sweet or 'joy-making' sorrow; mourning joy; happiness and sadness intermingled.

Daímōn (δαίμονας). n. / 'ðe.mɔ.nas / dthe-moh-nas. A divine power that drives/guides human actions; a manifestation or channelling of divine power.

Dēmētēr (Δημήτηρ). pronoun / dɪ'mi:tər / deh-mee-tuh. In Greek mythology, the Goddess of grain (also the harvest, agriculture, fertility); known as Ceres in Roman mythology.

Dēmokratīā (δημοκρατία). n. / ði.mo.kra'ti.a / dthi-moh-kra-tee-ah. Force or power (*krátos*) of citizens / the people (*dēmos*).

Dikaiosuné (δικαιοσύνη). n. / ði.ke.ow'sju.nɛ / thee-kay-oh-syoo-nay. Justice, righteousness, justice.

Diónysos (Διόνυσος). p. / ðiό.ni.sos / dthe-oh-nee-soss. Greek deity; God of phenomena including wine (and grapes and winemaking), madness, frenzy, theatre, and ecstasy.

Doxa (δόξα). n. / 'dɒk.sä / dok-sah. Common belief, popular opinion; behaviour or practice in worship; glory.

Eidólon (εἶδωλον). n. / 'ai.ðo.lon / eye-dtho-lon. Image; representation; reflection; phantom; idol.

Eikón (εἰκών). n. / e:'kɔ:n / aye-kone. Likeness; image.

Ekstasis (ἔκστασις). n. / ék'sta:sis / ek-stah-sis. The state of being or standing outside oneself; trance, displacement; ecstasy, rapture.

Eleuthería (ἐλευθερία). n. / e.leu.t'h'e'ri:a / el-yoo-theh-ree-ya. Freedom, liberty, licence.

Eleutheriótēs (ἐλευθεριότης). n. / e'lju:θə,ri'o.teɪs / ell-ee-yoo-theh-ri-oh-tace. Generosity; being in a free condition.

Eleutheromania (ελευθερομανία). n. / ε'ljy:θə,rəʊ.ma.nía / ell-ee-yoo-theh-roh-mah-nee-ah. An intense, irrepressible desire for freedom.

Enthousiasmos (ένθουσιασμός). n. / en.θy.si.as' mos / en-thoo-sias-mous. The state of being inspired or possessed by a divine being / forces; being driven/guided by a higher power.

Epíkouros (Ἐπίκουρος). Greek / p. / ,epi'kjɔ:rəs / eh-pee-koor-uhs. Lit. ally, friend, comrade; Greek philosopher (341-270 BCE), as per Epicureanism.

Epistēmē (ἐπιστήμη). n. / epɪ'sti:mɪ / ep-e-stee-me. Knowledge or understanding (e.g., in a scientific sense).

Epithymia (Ἐπιθυμία). n. / e.pi.θy'mi.a / epi-thy-mia. Desire; sexual passion.

Epoché (ἐποχή). Greek / n. / 'e.pə,kē / eh-puh-keh. Refraining from drawing a conclusion; the theoretical moment when judgement about the world, and hence action, is suspended.

Eros (Ἔρως). n. / 'e.rɔ:s / eh-ross. Desire; passionate love; in Greek mythology, the God of desire (or love); known as Cupid in Roman mythology.

Ethikos (ἠθικός). n. / iθikós / ee-th'ee-koss. Habit, custom, usage; character, bearing.

Eudaimonia (ευδαιμονία). n. / ju:dɪ'moʊniə / you-de-moe-nia. Lit. 'good spirit'; fulfilment, flourishing, being infused with divine grace.

Eunoia (εὐνοία). n. / ju:'noɪ.ə / yoo-noi-ya. Good / beautiful thinking; a well mind.

Euphoria (εὐφορία). n. / eu.p'hɔ.rí.ə / yoo-for-ria. Lit. being of 'good bearing'; more recently used to imply intense excitement or joy.

Eutrapelia (εὐτραπεία). n. / ju:træ.pe'li:ə / yoo-trah-peh-liah. Wit, pleasantry, humour.

Gaia (Γαῖα). n. / 'gɛ.a / kheh-a. Earth; the earth; in Greek mythology, the primordial Mother Earth.

Háidēs (Ἅιδης). pronoun, n. / ha:j.de:s / har-dees. In Greek mythology, the God of the underworld (also of death, the dead, and riches); the underworld itself; known as Pluto in Roman mythology.

Holos (ὅλος). n. / hɒ.lɒs / hoh-loss. All; whole.

Hypomonē (ὑπομονή). n. / i.po.mo'ni / ee-poe-moe-nee. Constancy, endurance, 'standing firm'.

Kairos (καιρός). n. / ke'ros / keh-ross. The opportune, ideal, 'supreme' moment for decision or action.

Kartería (Καρτερία). n. / ka.te'ri:ə / ka-teh-ree-uh. Stubbornness; toughness.

Kefi (κέφι). n. / 'keə.fi / keh-fee. Joy, passion, enthusiasm, high spirits, frenzy.

Khaos (χάος). n. / cháos / khah-oss. Chaos; in Greek mythology, the void preceding the birth of the cosmos.

Khōros (χώρος). n. / 'kʰɔː.rɒs / khor-ross. A place/locale (usually denoting the quality of the place – often somewhere that one feels affection towards).

Koinonia (κοινωνία). n. / kɔɪˈnəʊ.niə / coy-non-ee-uh. Fellowship, communion, joint participation, connection, intimacy.

Kosmopolitēs (κοσμοπολίτης). n. / 'kɔs.mo.pɒˈlit.is / koss-moh-poh-lit-iss. Citizen of the cosmos (world, universe).

Kosmos (κόσμος). n. / 'kɔs.mɒs / koss-moss. Lit. something ordered / an ordered system; the world or universe as a complex and orderly system.

Leitourgia (λειτουργία). n. / liːtʊərˈgiːə / lee-toor-gee-yuh. Lit. public service; a charitable act; the work of the people; worship.

Logos (λόγος). n. / 'lɒ.ɡɒs / loh-yoss. Word, reason, plan; in theology, the principle of divine reason and creative order.

Makários (μακάριος). Greek / n. / maˈkaːri.u / mah-kah-ree-oo. Blessed, happy.

Makrothumeó (μακροθυμέω). n. / mæk.rəʊ.θuːˈmeɪ.əʊ / mak-roth-oo-mey-oh. Patience, forbearance.

Mania (μανία). n. / ma.nía / mah-nee-ah. Madness, frenzy, possession.

Megaloprépeia (μεγαλοπρέπεια). n. / ,meg.ə.ləʊˈpreɪ.piə / meh-gah-lo-pray-pia. Magnificence; dignity.

Megalopsychia (μεγαλοψυχία). n. / ,meg.ə.ləʊˈsɪɪ.kiə / meh-gah-lo-sye-kia. Greatness of soul; magnanimity.

Meraki (μεράκι). n. / meˈræk.iː / meh-rack-ee. Ardour (in relation to one's own actions and creations).

Mesos (μέσος). n. / 'me.sɒs / meh-soss. Mean; middle.

Metaxy/u (μεταξύ). n. / me.tæk.suː / meh-tax-oo. In-between or middle ground; a separation that is also a link; someone/something partaking in different spheres/realms (e.g., human and divine).

Me yia (με γεια). Greek / int. / miː.jeə / mee yee-uh. A congratulation / blessing for others.

Mīmēsis (μίμησις). n. / 'mi.mi.sɪs / mih-mih-siss. Imitation; receptivity; artistic representation.

Nous (νοῦν). n. / nuːs / nooss. Mind, understanding, reason, intellect.

Oikeiōsis (οἰκείωσις). n. / əʊ.kaiˈəʊ.sɪs / oh-kye-oh-siss. The perception of something as one's own, as belonging to oneself; appropriation, familiarization, affinity, affiliation, endearment.

Ouranus (Οὐρανός). n. / oː.ra.nɔs / oo-rah-nohs. Sky; heaven; in Greek mythology, the deity of the sky/heavens (son and/or husband of *Gaia*).

Páthos (πάθος). n. / 'pæ.θɒs / *pah-thoss*. Suffering; emotion; experience.

Paixnidi/pachnidi (Παχνίδι). n. / pekʰ'ni:di / *pekh-nee-dee*. Game/play; used to denote playful, 'game-playing' love.

Parea (Παρέα). n. / pa:reia / *pah-ray-uh*. Informal party, revelry.

Philautia (φιλαυτία). n. / ɸɪ'la:tiə / *fi-law-tia*. Self-love (encompassing, in its benevolent forms, self-respect, self-compassion, etc.).

Philia (φιλία). n. / ɸi'li.a / *fi-lee-ya*. Friendship, platonic love (e.g., based on familiarity or shared interests).

Philotimo (φιλότης). n. / ɸil'ɔ:ti.mo / *fill-oh-tee-moh*. 'Love of honour,' the importance of respecting and honouring friends/family.

Philoxenia (Φιλοξενία). n. / ɸil'ɔ:x.sen.ia / *fill-oh-kh-sen-ia*. Love of strangers, guests; a hospitable act of welcome.

Phronēsis (φρόνησις). n. / froʊ'ni:sis / *froh-nee-siss*. Practical wisdom; discernment; wisdom and knowledge in determining ends and the means of attaining them.

Pneúma (πνεῦμα). n. / pneú.ma / *pnyoo-mah*. Wind; breath; spirit.

Pneumatikós (πνευματικῶς). adj. / pneβ.ma.ti'kos / *pnev-mah-tee-kose*. Spiritual; pertaining to the spirit; being with/of the spirit of God.

Poiēsis (ποίησις). n. / poí.ɛ:sis / *poi-ee-sis*. Productive and creative disciplines.

Polis (πόλις). n. / pó.lis / *poh-liss*. City-state; a body of citizens.

Politeia (πολιτεία) (n.): the ways and reasons of a people to live together; the whole order of social and political relationships in a polis.

Poseidōn (Ποσειδῶν). pronoun / po.see.dó:n / *por-seh-dorn*. In Greek mythology, God of the ocean (and also earthquakes, storms, horses); known as Neptune in Roman mythology.

Pragma (πρᾶγμα). n. / 'prax.ma / *prag-mah*. A deed, action, or 'thing done'; used to denote rational, 'sensible' love.

Praotés (πραότης). n. / pra:'ɒt.ɛis / *prah-oh-tace*. Gentleness, mildness, meekness, kindness.

Praxis (πρᾶξις). n. / prā:kʰ.sis / *prakh-sis*. Deed/action; the process by which a theory, lesson, or skill is enacted, embodied, or realised.

Proairesis (προαίρεσις). n. / prəʊ'ɛris / *pro-air-ee-sis*. Lit. before (pro) choice (hairexis); desiring reason, or 'easoning desire; the ability to choose/decide.

Prōtógonos (Πρωτογόνος). n. / pro'to.ɣo.nos / *pror-tor-khor-nors*. Lit. first-born; in Greek mythology, the first 'generation' of deities.

Psalmós (ψαλμός). n. / sæl'mɒs / sal-moss. Scripture set to music (particularly a harp); sacred music; later, scripture (not necessarily musical).

Sébmōi (σέβομαι). v. / 'seb.ɔm.ai / seb-ohm-aaee. To revere, to honour, to be in awe of.

Siga siga (Σιγά σιγά). adv. / si'ɣa si'ɣa / see-yah see-yah. Slowly, slowly (i.e., being unhurried).

Sophíā (σοφία). n. / so'fi.a / soh-fee-ya. Wisdom.

Sophrosyne (σωφροσύνη). n. / sɔ:.ph'ro'sý.ne / sor-phro-sy-neh. Excellence of character and soundness of mind; leads to other beneficial qualities, such as moderation and self-control.

Stoá (στοά). n. / sto.ǎ / stor-ah. Lit. portico or porch; the basis for the philosophical school of Stoicism.

Storgē (στοργή). n. / stor'ɣə / store-geh. Filial love; care and affection (e.g., between family members).

Summetría (συμμετρία). n. / ,sɪ.mə'tri:ə / sih-muh-tree-uh. The agreement between the parts and the whole; proportionality and symmetry.

Techne (τέχνη). n. / 'ték'hne / tekh-nee. Craftsmanship; practical expertise.

Theōria (θεωρία). n. / the.o'ri.a / thee-oh-ree-yah. Contemplative, theoretical, and/or abstract reflection.

Thumos/thymos (θυμός). n. / θy'mos / thoo-moss. Spiritedness; carries connotations of flesh and blood; also refers to the human desire for recognition.

Titānes (Τιτᾶνες). n. / ti.tan:es / tih-tah-ness. Titans; in Greek mythology, the second generation of deities.

Volta (βόλτα). n. / 'volto / voll-tah. A leisurely stroll/turn/walk in the streets.

Xenia (ξενία). n. / x.sen.ía / kh-sen-ia. Guest-friendship; the importance of offering hospitality and respect to strangers.

Zeus (Ζεύς). pronoun / zε.us / zeh-oos. In Greek mythology, sky or thunder God (also of law, order, justice); king of the Olympian Gods; known as Jupiter in Roman mythology.

## Hawaiian

Aloha. int. / æ'ləʊ.hæ / ah-loh-ha. Lit. the 'breath of presence'; hello and goodbye, with love and compassion; cognate with the Māori term Aroha.

Ho'oponopono. v. / hɒ | 'o.pɒ.nɒ. pɒ.nɒ / hoh oh-poh-noh-poh-noh. A practice or interaction of mutual forgiveness and restitution.

Mahalo. n., v. / ma'ha.lo / ma-*ha*-lor. Thanks, gratitude, admiration, praise, respect.

## Hebrew

Avodah (עֲבוּדָה). n. / æ.vəʊ'dæ<sup>h</sup> / ah-voh-*dah*. Service, in the sense of both work and worship (thus work and worship being one act).

Binah (בִּינָה). n. / bɪ'næ / bih-*nah*. Understanding; the third sephirot in the Kabbalah tradition, denoting the process/quality which gives form to creation.

Chokmah (חֻכְמָה). n. / xɒx.mæh / khokh-mah. Wisdom; the second sephirot in the Kabbalah tradition, denoting the primary force in the process of creation.

Davka (דּוּקָא). Hebrew / int. / 'dæv.kə / dav-kuh / aka dafke/a. Precisely, actually; even, in spite of; contrary to expectations; a spirit of contrariness.

Ein sof (אֵין סוֹף). n., adj. / ɛn'sɒf / en-*soff*. Lit. unending or infinite; in the Kabbalah tradition, refers to God in 'His' pure, transcendent essence, prior to self-manifestation

Elohim (אֱלֹהִים). n. / ɛl.ɔ:'him / el-or-him. Gods (plural), deities, angels, sacred beings/messengers.

Firgun (פִּירוּגוֹן). n. / 'fɪə.gu:n / feer-goön. Ungrudging and overt (expressed) pride and happiness at other's successes.

Gemilut hasadim (גְּמִילוּת הַסְּדִיִּם). n. / gɛ.mi'lu:t hæ.sæ'di:m / geh-mee-*loot* hah-sah-*deem*. Acts of loving-kindness.

Gevurah (גְּבוּרָה). n. / gɜ:v.u:'rə / guh-voo-*rruh*. Power, might; judgement; the fifth sephirot in the Kabbalah tradition, denoting the enactment of justice.

Gila (גִּילָה) (v.): Dancing with great joy.

Hachnasat orchim (הַכְּנַסַּת אֹרְחִים). n. / hæx.na.jat ɔ:xɪm / hakh-nash-at orh-khim. Welcoming or 'bringing in guests'; offering hospitality and respect to strangers.

Hallelujah (הַלְלִיָּהּ). v., n. / hæli'lu:jə / ha-leh-loo-yuh. Lit. praise ye Yah (Yahweh); God be praised; an expression of worship or rejoicing.

Hésed/chésed/khésed (חֶסֶד). n. / 'hɛ.sɛd / *khe*-sed. Loving-kindness, loyalty, mercy, faithfulness, goodness, salvation; the fourth sephirot in the Kabbalah tradition, denoting the love of creation.

Hod (הוֹד). n. / hɒd / hood. Majesty, splendour; the eighth sephirot in the Kabbalah tradition, denoting the glory of creation.

Kabbalah (קַבָּלָה). n. / ka.ba'la / kah-bah-*lah*. Lit. received tradition; an estoteric spiritual tradition within Judaism.

Kashér (כָּשֵׁר). n. / kəʃ'eə / kash-*air*. Proper, legal, permissible; in accordance with Jewish law (especially relating to food).



Kavanah (כְּוָנָה). n. / kʌ.vʌ.nʌ / kuh-vuh-nuh / aka Kavana, Kavannah. Intentionality; sincerity; the 'direction of the heart' (e.g., in the context of prayer).

Keter (כֶּתֶר). n. / 'kɛ.teʁ / keh-tair. Lit. crown; the first sephirot in the Kabbalah tradition, denoting the the initial impulse of Ein Sof to become manifested in the world.

Khavruta, Havruta, Chavruta (חֲבֻרֻתָא). n. / χʌv'ʁʊ.ta / khav-roo-tah. Lit. fellowship; the practice of paired/shared learning (e.g., of religious texts), and the bond that can develop as a result.

Koev halev (כּוֹאֵב לִי הַלֵּב). v. / xʌv ɬæ.lev / khoh-ev hah-lev. Lit. the heart aches; empathy, compassion, identifying with the other's suffering.

Kosher (כָּשֵׁר) (n.): lit. right, proper, lawful; used to denote foods prepared in accordance with Jewish dietary law; used more informally to denote something genuine and legitimate.

La'asot chaim (לַעֲשׂוֹת חַיִּים). v. / 'lɑ.ɑ:sɔt 'xɑi.i:m / lah-ah-sot kha-eem. Lit. 'to do or to make life'; to live fully, to have a good time.

L'chaim (לְחַיִּים). phrase / lə'xɑi.i:m / luh-khai-im. Lit. 'to life'.

Malchut (מַלְכוּת). n. / mʌl.hu:t / mal-hoot. Realm; the final sephirot in the Kabbalah tradition, denoting the 'finished product' of the manifest world itself.

Manna (מָן). n. / mæ.næ / mah-nah. Edible food that sustained Israelites in the wilderness; spiritual food.

Mazal tov (מָזַל טוֹב). inj. / 'mɑ:zəl tof / mah-zul-toff. Lit. 'good fortune'; a blessing of health and happiness.

Messiah (מָשִׁיחַ) (n.): lit. anointed one; saviour / liberator / redeemer of a group of people; a king of high priest.

Mishloach manot (מִשְׁלֹחַ מַנּוֹת). n. / mij'lo.ʌx ma'not / mish-loah ma-not. Lit. 'sending of portions'; exchanging gifts of food and drink.

Mitzvah (מִצְוָה). n. / 'mits.və / mitz-vah. A commandment; a good deed (e.g., performed out of religious duty).

Nachat (נַחַת). n. / 'nʌ.xət / nuh-khut. Joyful pride in someone's successes (e.g., your progeny or student).

Netzach (נֶצַח). n. / nei.tsæx / nay-tsakh. Endurance, eternity; fortitude, triumph; the seventh, denoting the endurance of Ein Sof in the act of creation.

Osher (אוֹשֵׁר). n. / ʌʃʊs / oh-shuh. Joy; contented happiness.

Purim (פּוּרִים). n. / 'pʊr.ɪm / poor-rim. An annual celebration in Judaism (commemorating the saving of the Jewish people from a figure named Haman).

Selah (סֵלָה). n. / si:lɑ: / see-lah. A pause for reflection; a musical interlude (e.g., in a psalm).

Sephirot(ה) (סְפִירוֹת). n. / sfi'root/ sfih-roht. Emanations, attributes; the way *Ein Sof* 'reveals Himself,' thereby creating the various spiritual and physical realms.

Shalom (שָׁלוֹם). n. / ʃɔ:ləʊm / shor-lome. Peace, harmony, wholeness, prosperity, welfare and tranquillity; used also as a greeting/parting salutation.

Shiv'ah (שִׁבְעָה). n. / ʃɪ'vɐh / shee-vuh. Lit. seven; the week-long period of mourning prescribed in Judaism.

Tiferet (תִּפְאֶרֶת). n. / tif'ʔeθ / tif air-eth. Beauty; balance; the sixth sephirot in the Kabbalah tradition, integrating *Hésed* and *Gevurah*.

Tithadesh (תִּתְחַדֵּשׁ). int. / tit.xa'deʃ / tit-kha-desh. Lit. 'get new'; salutation given to someone who has acquired a new possession or positive change in circumstances.

Tzedaka (צְדָקָה). n. / s'ʔa:qa / su-tha-khaa. Lit. justice, righteousness; generosity/charity (mandated by justice); required righteous giving.

Tzniut (צְנִיּוּת). n. / tsni:ut / tsnee-oot. Modesty, privacy, humility (e.g., in dress, speech and behaviour).

Yesod (יֵסוֹד). n. / jis.sod / yiss-sod. Foundation; the ninth sephirot in the Kabbalah tradition, denoting the actual creation of the manifest world.

Yhvh (יְהוָה). n. / jɛ.həʊ.væ / yeh-hoh-vah. The Hebrew name of God (usually held to be unpronounceable, and/or too sacred to be uttered).

## Hindi

Chai pani (चाय पानी) (n.): lit. 'tea and water'; favours or money given to someone to get something done (similar to a 'bribe', but without a negative connotation).

Jugaad (जुगाड). n. / dʒu:'ga:d / joo-gaard. The ability to 'make do' or 'get by'; a 'hack' or improvisation.

Namaste (नमस्ते). int. / nɐ'mæsteɪ / nuh-mah-stay. From the Sanskrit *namas* (bowing) *te* (to you); often interpreted in spiritual ways as 'I bow to the divine in you'.

Talanoa: the way apparently purposeless idle talk functions as a 'social adhesive'.

## Hopi

Koyaanisqatsi. n. / 'kɔɪ.ɑ:nɪs'kɑ:tsi: / koy-an-iss-kah-tsee. Nature out of balance; a state of affairs (e.g., dysfunctional) that calls for another way of living.

**Hungarian**

Pertu. n. / 'peə.ty / *pear-too*. Lit. by/for you; a drinking or bonding ritual (signifying the establishment or maintenance of friendship).

Pihentagyú. adj. / pi:hɛn.tæɜ.ju: / *pee-hen-tazj-yoo*. With a relaxed brain; being quick-witted and sharp; can sometimes be used pejoratively (implying insufficient deployment of mental resources/attention).

Sirva vigad. v. / 'si:ə.vɑ: vi.gɒd / *seer-vah vig-od*. Lit. crying, weeping (*sriva*), rejoicing, merrymaking (*vigad*); taking one's pleasures tearfully; a melancholic intermingling of joy and sorrow.

**Huron**

Orenda. n. / ɔ'ɛn.də / *or-en-duh*. Power, force (often with spiritual connotations).

**Icelandic**

Að nenna. v. / a:ð 'nɛn:a / *arth nen-nah*. The capacity or state of being bothered to do something; the ability or willingness to persevere through tasks (especially that are hard or boring).

Að redda. v. / a:ð 'rɛd:a / *arth red-dah*. To save someone or fix something in a time sensitive manner.

Gluggaveður. n. / 'glu:.kʌ.ve.dər / *gloo-ka-ve-dhurr*. Lit. 'window weather. Weather that is pleasant to look at through a window, but unpleasant to be outside in (e.g., cold, windy).

Hugfanginn. adj. / 'hu:.fʌŋ.gɪn / *hoo-fun-gin*. Lit. 'mind-captured', to be charmed or fascinated by someone/something.

Ragnarök. n. / 'ɹæg.nə.ɹɒk / *rag-nuh-rok*. Lit. fate, judgement (*rök*) of the Gods (*Ragna*); 'twilight of the Gods'; a pivotal event in Norse mythology, involving the fall of many Gods, followed by existential renewal (of life, the Earth, and some Gods).

Þetta reddast. phrase / 'θæ.tə 'rɛt:ast / *tha-ta-reh-dst*. 'It will all work out ok' (used especially when things don't look optimistic!).

Sólarfrí. n. / sɒʊ.lɑ:fri: / *soh-lah-free*. Lit. sun holiday, i.e., when workers are granted unexpected time off to enjoy a particularly sunny/warm day.

Víðsýni. n, adj. / 'viθ.si:ni: / *veeth-see-nee*. A panoramic view; open-mindedness.

**Indonesian**

Belum. aux v. / bæ.ləm / *buh-luhm*. Not yet, perhaps, hopeful wish.

Gemas. n. / gə'mæs / guh-mass. A feeling of love or affection; the urge to squeeze someone because they are so cute.

Jayus. n. / gæ.ju:s / gah-yoose. A joke that is so unfunny (or told so badly) that you just have to laugh.

Kekau. n. / kə.kəʊ / kuh-kow. Waking up suddenly from sleep (e.g., if startled); regaining consciousness and returning to reality after a nightmare.

### **Inuit**

Iktuarpok. n. / ɪk.ˈtsuɑː.pək / ik-tsuɑ-pok. Anticipation one feels when waiting for someone, and keeps checking if they're arriving.

Pittiarniq. n. / pɪt.ɪɑːni:k / pih-tee-ah-neek. Loving-kindness; being kind and good.

Qarrtsiluni. v. / kɑːrʒ.sɪ.luːni / kartz-sih-loo-nih. Sitting together in the darkness, perhaps expectantly (e.g., waiting for something to happen or to 'burst forth'); the strange quiet before a momentous event.

### **Inuktitut**

Ayurnamat. n. / ɪ.jɜːnæ.mæt / ih-yur-nah-mat. Stoicism; the possibility or approach of not worrying about things that cannot be changed.

Inuuqatigiittiarniq. n. / ɪnuːkæt.ɪg.iːt ɪɑːni:k / ih-noo-kat-ig-eet-ee-ah-nik. Being respectful of all people; healthy communities; neighbourliness; living in peace and harmony with others.

### **Iñupiaq**

Qarrtsiluni. v. / kɑːrʒ.sɪ.luːni / kartz-sih-loo-nih. Sitting together in the darkness, perhaps expectantly (e.g., waiting for something to happen or to 'burst forth'); the strange quiet before a momentous event.

### **Iroquoian**

Ondinonk. n. / ɒn.diːnuːnk / on-dee-noonk. The secret, innermost desires or wishes of the soul (e.g., as revealed in dreams).

**Italian**

Abbiocco. n. / ab'bjɔkko / a-bee-okk-o. Drowsiness following eating a (large) meal.

Ambientamento. n. / 'æm.biən.tə.mento / am-bee-en-tah-men-toh. Settling-in; acclimatisation; adjustment.

Apericena. n. / ap.eri'tʃei.næ / ah-per-ree-chay-nah. A neologism to denote the recent trend to meet friends in order to eat together, combining aperitif with dinner, and replacing the dinner with lighter food, in a less formal setting and saving time and money.

Arcigola. n. / ,art.ʃi'gola / art-chee-goo-lah. Lit. society of 'gluttons' (ARCI is an Italian social institution, while 'arch' can also imply authority; gola means gluttony or appetite); original name for the Slow Food movement.

Arrangiarsi. v. / a.ran'dʒa:si / a-rran-jar-see. The ability to 'make do' or 'get by'.

Chiaroscuro. n. / kjaros'kuro / kyar-oss-kour-oh. Contrasts of light and dark/shade (usually pertaining to art).

Dietrologia. n. / 'djɛ.tro.dʒi.a / jeh-troh-loh-jee-uh. Lit' behind-ology'; what lies behind; conspiracy theory; the idea that there is another (truer) explanation behind the given one.

Fiero. n. / 'fjɛ:ro / fee-yeah-ro. Pride/satisfaction in one's achievements (usually with the implication of this feeling being deserved/warranted).

Focolare. n. / fo.ko'la:re / fo-co-lah-reh. Hearth; the fireplace at the physical / emotional centre of a home.

Leggiadria. n. / ˌlɛddʒä'dʒri:ä / led-jah-dree-ah. Gracefulness, loveliness, prettiness, elegance.

Magari. adv. / ma'ga:ri / ma-gah-ree. Maybe, possibly; hopeful wish, wistful regret; in my dreams, if only.

Merigiare. v. / mɛ.ɾi'dʒea:ɾi / me-rri-jah-rri. To rest at noon (in the shade).

Passeggiata. n. / pä.s.säd.ja:tä / pa-saj-yah-ta. A leisurely stroll/turn/walk.

Riposo. Italian / n. / ri'pɔso/ rre-poor-soh. Rest, repose; a nap; cf. siesta.

Saper vivere. n. / sæ'peə.rə vi:veə.rə / sah-pare-eh vee-vare-eh. The ability to handle people and situations with charm, diplomacy and verve; cf. savior faire (French).

Sprezzatura. n. / ,sprɪt.sə't(j)ɔə.rə / spritz-uh-toor-uh. Nonchalance; art and effort are concealed beneath a studied carelessness.

**Japanese**

Ah-un (阿吽). n. / ɑ:.ən / ah-un. A transliteration of *Aum* (ॐ), the sacred Sanskrit syllable; the beginning and ending of something; unspoken communication between close friends.

Aiki (合気). n. / ɑ.i:ki: / ah-ee-kee. Blending or harmonising opposing forces within oneself; a dialectical relationship between matched equals; the ability to skilfully manipulate another person.

Amae (甘え). v. / ɑ:m.ɑ:i: / am-ah-ee. To behave in ways that implicitly request love or indulgence of one's perceived needs (often used negatively to describe passivity).

Boketto (ぼけつと). adv. / bəʊ.ket.təʊ / boh-ket-toh. Idly; doing nothing; vacantly; e.g., gazing vacantly into the distance (without thought or sense of self).

Budō (武道). n. / bu:dəʊ / boo-doh. Lit. the art or way of war; martial arts.

Chadō (茶道). n. / tʃɑ:dəʊ / chah-doh. The art or way of tea.

Datsuzoku (脱俗). n. / dæt.su:zəʊ.ku: / dat-soo-zoh-koo. Lit. shedding or removing (datsu) worldliness or mundanity (zoku); unworldliness, saintliness; freedom from habit, escape from the routine and conventional.

Dō' (道). n. / dəʊ / doh. Path or way (e.g., spiritual).

Fukinsei (不均整). n. / fu'kɪn.sei / foo-kin-say. Natural / spontaneous asymmetry or irregularity.

Fuubutsushi (風物詩). n. / fu.bu.tsu.ʃi / foo-boo-tsoo-shi. Stimuli/phenomena that evoke / remind one of a particular season.

Gaman (我慢). n. / gæ.mæn / gah-mahn. Patience, fortitude, endurance, self-control/restraint.

Ganbaru (頑張る). v. / gãm'ba:ɾu<sup>β</sup> / gam-bar-ou. Lit. 'to stand firm'; to do one's best.

Genki (元気). adj., n. / 'gɛŋ.ki: / *geng-kee*. Lit. the origin (gen) of ki (energy or 'life force'); being healthy, energetic, and full of life.

Go (igo) (囲碁). n. / gəʊ / go. Lit. surround game; a board-game originating in ancient China.

Goraikou (御来光). n. / gʊə.ɑɪ.ɪ.kɔ / gor-aye-ee-cor. Lit. sacred or honorable delivery of light; sunlight seen from a mountain top; the rising sun.

Giri (義理). n. / gi.ɾɪ / gih-rih. Duty, obligation; a debt of honour.

Ikigai (生き甲斐). n. / i:ki:ɑi: / ee-kee-gaee. Lit. iki (life) gai (result, worth, use, benefit); a 'reason for being'; meaning/purpose in life.

Kaizen (改善). n. / kaɪ.zɛn / kai-zen. Gradual, incremental (and often continuous) improvement.

Kanso (簡素). n. / 'kæn.sə / *kan-soh*. Simple, plain; in art, refers to an elegant simplicity, an attractive absence of clutter.

Kawaakari (かわあかり). n. / kɑ:wæ.kɑ:li: / *kar-wah-kar-ree*. Lit. river bright; the glow/gleam of the river at dusk (or in the darkness).

Kenshō (見性). n. / kɛn.jəʊ: / *ken-shoh*. Seeing (ken) one's nature or essence (shō); perceiving one's Buddha nature; sometimes interpreted as an initial or brief awakening.

Kintsugi (金継ぎ). n. / kɪn.tsʊ.gi / *kin-tsu-gi*. Lit. 'golden joinery'; the art of repairing broken pottery using gold; metaphorically meaning to render our flaws and fault-lines beautiful and strong.

Koi no yokan (恋の予感). n. / 'kɔi.nɒ.jə'kæn / *cor-ee-nor-yor-can*. Premonition or presentiment of love; the feeling on meeting someone that falling in love will be inevitable.

Koko (枯高). n. / kɒ.ko / *ko-ko*. Combining 枯 (withered, decayed) and 高 (tall, high); weathered beauty; austere sublimity.

Kokoro (心). n. / kəʊ.kəʊ.rəʊ / *koh-koh-roh*. Heart and mind (and even spirit) combined.

Kokusaijin (国際人). n. / kɒ.ku:sai:dʒi:n / *koh-koo-sah-ee-jeen*. Lit. an 'international person'; someone who is cosmopolitan, flexible, and open-minded.

Komorebi (木漏れ日). n. / kɒ.mɒ're.bi / *ko-mo-reh-bi*. Lit. wood is 'leaking' sunlight; dappled sunlight filtering through leaves.

Majime (真面目). adj. / mɑ:dz̥.mɛ / *mah-jee-meh*. Reliable, responsible, diligent; seriousness, formality.

Mokusatsu (黙殺). v. / mɒ.ku:sæt.su: / *mo-koo-sat-soo*. To ignore or keep silent (e.g., when rejecting a bargaining offer).

Mono no aware (物の哀れ). n. / mɒ.nɒ.nɒ.e.we.reɪ / *mo-no-no-a-wah-ray*. Pathos of understanding the transiency of the world and its beauty.

Mu (無). n. / mu: / *mooh*. Negative, void, nothingness, non-being; used in Buddhism to imply 'neither yes nor no'.

Nakama (仲間). n. / nɑ:kɑ:mɑ: / *nah-kah-mah*. Best friend; close buddy; one for whom one feels deep platonic love.

Natsukashii (懐かしい). adj. / nɑ:t.su:kɑ:ʃi: / *naht-soo-kah-shee*. Missed, precious, yearned for, 'dear old ...'.

Ohanami (お花見). n. / əʊ.hæ.næ.mi / *oh-ha-na-me*. Lit. flower (hana) mi (viewing). The culturally valued activity of gathering to appreciate flowers (and specifically cherry blossoms).

On (恩). n. / ɒn / *on*. A feeling of moral indebtedness, relating to a favour or blessing given by others.

Omoiyari (おもいやり). n. / o.moi.ja.ri / oh-moy-yah-rih. Altruistic sensitivity; an intuitive understanding of others' desires, feelings and thoughts, and consequent action on the basis of this understanding.

Otsukaresama (お疲れ様). int. / o.tsu.ka.rɛ.sa.ma / oh-tsoo-kah-reh-sah-mah. 'Thank you for your hard work', gratitude and appreciation.

Sabi (寂). n. / sa:bi / sa-be. Lonely, desolate, aged beauty.

Satori (悟り). n. / sa:təʊ.ri: / sar-toh-ree. Understanding, comprehension; awakening, enlightenment.

Seijaku (静寂). n. / ,sei'dʒɛ.kə / say-ja-ku. Quiet (sei) tranquillity (jaku); silence, calm, serenity (especially in the midst of activity or chaos).

Shibumi (渋味). n. / ʃi:bu:mi: / shee-boo-mee. Simple, subtle, unobtrusive and effortless beauty.

Shinrin-yoku (森林浴). n. / ʃɪn.ri:. jɒk.ə / shin-ree-yok-uh. Lit. 'bathing' in the forest (literally and/or metaphorically); appreciating the restorative/rejuvenating power of nature.

Shizen (自然). n. / ʃi:zɛɴ / shee-zun. Naturalness, absence of pretence, contrivance, or premeditation (e.g., in art).

Sunao (素直). adj. / su:nə.əʊ / soo-nah-oh. Meek, docile and submissive (in a positive, deferential way); authentic, and honest with oneself.

Ukiyo (浮世). n. / ʊk.i:jəʊ / ook-ee-oh. Lit floating/drifted world; appraising the ephemerality of the world; living within transient moments of fleeting beauty.

Umami (うま味). n. / u:mɑ:mi: / oo-mah-mee. A rich, pleasant, savoury taste.

Utsura-ustura (うつらうつら). v. / u:t.sjʊə.rə u:t.sjʊə.rə / oot-soor-ah oot-soor-ah. To drift between sleep and wakefulness.

Wabi (侘). n. / wɑ:bi / wa-be. Imperfect, rustic, remote, weathered beauty.

Wabi-sabi (侘寂). n. / wɑ:bi sa:bi / wa-be sa-be. Imperfect and aged beauty; the aesthetics of impermanence and imperfection; a 'dark, desolate sublimity'.

Wai-wai (ワイワイ). n. / wɑi.wɑi / wa-iy wa-iy. The sound of children playing.

Yūgen (幽玄). n. / 'ju:. gən / yoo-gn. Obscurity, cloudy impenetrability, unknowability, mystery.

Zanshin (残心). n. / zɑn. ʃɪn / zan-shin. Lit. 'remaining/enduring heart-mind'; a state of relaxed mental alertness (especially in the face of danger or stress).

Zen (禪). n. / zɛɴ / zun. The Japanese adaptation of *dhyāna/jhāna* (concentrated attention; absorption; intense contemplation of the nature of the object of meditation).



**Javanese**

Tjotjog. v. / tʃəʊ.tʃəʊg / choh-chog. 'To fit', accord and harmony within relationships and/or society.

**Kivila**

Mokita. n. / məʊ.ki:tæ / moh-kee-tah. A truth that everone knows but no-one talks about.

**Korean**

Hahn (한). n. / hæn / han. Sorrow, resentment, regret, possibly with a sense of patiently waiting or hoping for amelioration.

Jeong/jung (정). n. / t͡ɕʌŋ / chung. Deep affection, affinity, connectedness (may or may not be romantic).

Nunchi (눈치). n. / nən.tʃi / nuhn-chee. Lit. 'eye-measure'; the ability to 'read' emotions and situations and to respond skilfully.

Sadae (사대). Korean / v. / sɑ:deɪ / sar-day. Dealing with, or serving, the great and/or powerful; can be used in relation to diplomacy (e.g., in relationships between nations).

Sarang (사랑). n. / sæ'rʌŋ / sah-rung. Strong love.

**Latin**

Concordia discors. n. / kon'kor.di.a 'dis.kors / kon-kor-dee-ah *diss*-kors. Harmony (concordia) from discord (discors); discordant harmony; the principle that conflicts or oppositions can nevertheless create harmony.

Cornu copiae. n. / kɔ:nu: kəʊ.pi:ə / kor-noo koh-pee-uh. Lit. 'horn of plenty'; often a horn-shaped contained filled with produce; a symbol of nourishment and abundance.

Ego. pronoun / 'ɛ.gɔ / eh-go. I, we me; used by Freud's translator to represent the German *Ich*, which in Freud's theory was the term given to one's self construct, and to the feeling of self.

Gaudere. v. / gəʊ'diə.ri: / gau-deer-ee. To rejoice; to take joy in.

Id. pronoun / ɪd / id. It or that; used by Freud's translator to represent the German *Es*, which in Freud's theory was the term given to instinctual drives.

Lepos. n. / 'lɛ.pɒ / leh-poh. Charm, grace, wit, elegance, allure.

Lex. n. / lɛks / lɛks. A system or body of laws; a particular law.

Ludus. n. / 'tu:ɹ.dʊs / loo-dss. Game/play; used to denote playful, 'game-playing' love.

Memento mori. n. / məˌmentəʊ 'mɔ:ri / meh-men-toh *moor*-ee. An object or symbol that reminds or warns you of death/mortality.

Mōrēs. n. / 'mo:re:s / mor-ehs. Habit, usage, custom, manner.

Pietas. n. / 'pi.e.ta:s / pe-eh-tass. Familial affection; loyalty, patriotism; piety.

Pius. adj. / 'pi.əs / pe-oos. Conscientious, upright, faithful, patriotic/dutiful, respectful, righteous.

Pulchritudo. n. / pul.kʰri'tu:do / pool-kree-too-doh. Corporeal beauty and moral excellence.

Sacrare. v. / sæk.rɑ:r / sak-rar. Consecrate, anoint, dedicate, make holy, make sacred.

Solivagant. n., adj. / səʊ'livəgənt / so-*liv*-a-gnt. Noun: A lone wanderer. Adjective: characterised by lone wandering.

Superego. new / pronoun / 'sʊ.pər 'ɛ.ɡɔ / su-per *eh*-go. Lit over/above-I; used by Freud's translator to represent the German *Über-Ich*, which in Freud's theory was the term given to internalised societal norms/values.

Virtus. n. / 'wir.tu:s / *weer*-toos. Valour, manliness, excellence, courage, character, and worth.

## Malagasy

Antsafo. n. / ænt.sæ.fə / ant-sah-fuh. Inquiries about things of which one is fully cognizant beforehand.

## Māori

Aroha. v., n. / æ'rəʊ.hæ / ah-*roh*-ha. (To feel) love, concern, compassion, empathy for someone; cognate with the Hawaiian term Aloha.

Harikoa. n. / hæri'koa / hah-ree-*koa*. Joyful, euphoric, delighted, exuberant, elated, thrilled, ecstatic, jubilant.

Mana whenua. n. / 'manə 'fɛnʊə / ma-nuh *fen*-ooa. T: the mana held by people who have demonstrated moral authority / guardianship over a piece of land / territory.

Manaakitanga. n. / ma.na: ki.tʌŋə / ma-*nah*-ki-tung-uh. Hospitality, kindness, generosity, support, respect, and care for others.

Turangawaewae. n. / təˌrʌŋəˈwaɪwaɪ / tur-ranga-*why-why*. Lit. a place to stand; a place where we feel rooted, empowered, and connected.

Whakakoakoa. v. / wæ.kæ.kɔa.kɔa / wah-kah-koah-koah. To cheer up.

## Norwegian

Dugnad. n. / du:g.nɑ:d / doog-nard. A collectively pursued/undertaken task; voluntary community work.

Forelsket. n. / fɔ'els.ǫəð / for-elz-kut. The euphoric act/feeling of falling in love.

Fjellvant. adj. / fjɛl:vɑ:nt / fyell-varnt. Being accustomed to being or walking in the mountains.

Friluftsliv. n. / fri:lu:fts'li:v / free-loofts-leev. Lit. 'free air life'; open-air living; living in tune with nature.

Gjensynsglede. n. / gjɛn.si:n.glɪl / gyen-seen-glil. Lit. goodbye happiness; the joy of meeting someone you haven't seen in a long time.

Hedersmann. n. / 'heə.dəʃ.mʌn / hair-dsh-mun. A man of honour, honesty, integrity.

Hygge. n. / 'hʊ:.gə / hhoo-guh. A deep sense of place, warmth, friendship, and contentment. As an adjective (hyggelig): enjoyable, warm, friendly, pleasant.

Kose. n. / 'kɔ:.sʰa / cor-sa. Cosiness, warmth, intimacy. As adjective (koselig): cosy, snug, warm, intimate, enjoyable.

Peiskos. n. / paɪs.kɔ:s / piys-kors. Lit. 'fireplace coziness, sitting in front of a crackling fireplace enjoying the warmth.

Snillisme. n. / 'snɪl.ɪz.mə / snill-iz-muh. Lit. 'kind-ism'; a philosophy/approach of being kind to people.

Tyvsmake. v. / ʧʌ:v. smɔ:kɛʰ / shoov-smor-keh / aka Tjuvsmaka (Swedish). Lit. sneak, thief (Tyv) taste (Smake); to taste or eat small pieces of food (e.g., when cooking); cherry-picking the best morsels (rather than to improve the meal).

Utepils. Norwegian / n. / 'u:tə.pɪlz / oo-tuh-pilz. Lit. outdoor larger; a beer that is enjoyed outside (especially in the sunshine).

## Navaho

Hózhó. n. / hɔ̃.ʒɔ̃ / hoh-zho. Peace, balance, beauty and harmony.

## Ngarluma

Tarruru. n. / tɑ:rʉə.ru / tah-roor-ruh. Evening glow; dying down; peace of mind.

**Pashto**

Melmastia (مېلمستيا). n. / mɛl'mæs.tiə / mel-*mass*-tiah. Hospitality, moral obligation to offer sanctuary and respect to all visitors.

Pashtunwali (پښتونوالی). Pashto / n. / pʌʃ.tu:n.wɑ:li: / puhsh-toon-wah-lee / *aka* Pakhtunwali. Lit. the way of the Pashtuns; the ethical code of the Pashtun people.

**Pintupi**

Kanyi(r)ninpa. v. / 'kæn.jɪn'ɪn.pə / *can*-yin-*in*-puh. Lit. 'to hold', connoting an intimate and active relationship between carer and caree.

**Pirahã (Brazil)**

Xibipíio. n. / ɪ.pi:'biəʊ / ih-bih-*pee*-oh. Experiencing liminality; a phenomenon on the boundaries of perception or experience; going in and out of existence or range.

**Polynesian languages**

Mana. n. / 'manə / *ma*-nuh. Spiritual energy / power, a sacred, impersonal force.

**Polish**

Kombinować. v. / kom'bin.əʊ.vætʃ / kom-*bin*-oh-vach. To fix, sort out, arrange; working out an unusual solution to a problem; can sometimes have negative connotations (e.g., scheming or hustling).

Lotność umysłu. n. / lɔt.nɔʃt 'ũ.mi.sw / lot-nosht oo-mih-see. Lit. buoyant or vivacious (lotność) mind (umysłu); a state of mind that is simultaneously acute, vivacious, light and sharp.

Milczeć. v. / mi:l.tʃɛtʃ / meel-chech. To keep quiet; to refrain from speaking (without necessarily being silent).

Państwo. n. / 'pɑn.stfɔ / *pang*-stfoh. A country, state; a household, family, married couple.

Poprawiny. n. / pɔ.pra:vi:nɛ / po-pra-*vee*-neh. A small party/reception held the day after a wedding (usually in the morning).

Serdeczny. n. / sɜ:'dɛtʃ.nɜ / ser-dech-ny. Cordiality, warmheartedness, directness, and sincerity.

Załatwić. v. / zæ'læt.vi:tʃ / zalat-veech. To deal with / take care of things, to sort things out, to get a job done.

## Portuguese

Apaixonar. v. / apaj.ʃo' nar / ah-piy-shon-narr. To fall in love; to become passionate about someone/something.

Cafuné. n. / ,ka.fu.'nɛ / cah-foo-neh. The act/gesture of tenderly running one's fingers through a loved one's hair.

Colo. n. / 'kɔ.lu / koh-loo. Area of body formed by chest and arms (used to refer to embracing or cradling).

Desbundar. v. / dʒizbũ'dar / dez-bun-dar. Exceeding one's limits; shedding one's inhibitions (e.g., in having fun).

Desenrascanço. n. / ,di.zẽj.ɐf.'kẽ.sɔ / deh-zen-hass-can-so. Artful disentanglement (e.g., from trouble); an improvised solution.

Despejo. n. / dʒis'peʒu / jiss-peh-zhu. Pertness and boldness (sometimes in a pejorative sense); brightness; self-confidence; discomposure; lack of reserve or inhibition.

Ficar. v. / fi'kar / fih-kar. To be; one of three verbs for being in Portuguese, used to denote a completed condition and a precise place and time.

Jeito. n. / 'ʒejtu / jay-too. Hack, solution; to find a way by any means (often circumventing rules or social conventions).

Saudade. n. / sew'ðãði / sow-dhadh. Melancholic longing, nostalgia, dreaming wistfulness.

Saudosismo. n. / saw.do'ziz.mu / sow-doo-ziz-moo. A movement that promulgated saudade as a national spiritual value that could have transformative power.

Saudosista. n. / saw.do'ziz.tə / sow-doo-ziz-tuh. Someone given to nostalgia; a follower of Saudosismo.

## Quechua (Inca)

Pacha. n. / pæ.tʃæ / pah-chah. Lit earth or world; a way of dividing realms (spatially and temporally) in Incan cosmology; the spirit animating earth/nature (cf. Gaia).

**Russian**

Avos (авось). particle / e' vos' / ah-voss. Maybe/what if; faith/trust/hope in luck, serendipity, destiny or fate.

Azart (азарт). n. / æ'za:rt / a-zarrt. Heat, excitement, ardour, fervour; also associated with recklessness and risk-taking.

Blago (благо) (n): good, the good, blessing, happiness. Used as the first part of the word in many derivatives – общее благо: the common weal

Blagopoluchie (благополучие)(n.): wellbeing

Bodryi (бодрый)(adj.): cheerful, brisk, hale and hearty, in good spirits, energetic

Byt (быт). n. / bit / bweet. Everyday life, daily life, quotidian existence, material culture, private life, domestic life (often used somewhat pejoratively, in contrast to Bytie).

Bytie (бытие). n. / bit'i'je / bweet-ee-yee-ah. Being; authentic existence; spiritual existence.

Dorogoi (дорогой) (adj.): dear (used as part of address)

Duchovnyi, (adj.), duchovnost' (n.): spiritual, spirituality

Duša (душа). n. / dʊ'sa / doo-shah. One's inner heart and soul.

Glasnost (гласность). n. / 'glaz, nōst / glaz-nost. A process of engaging in open discussion, relationships and/or governance.

Intelligentsia (интеллигенция) (n.): educated intellectuals with moral and social stance

Istina (истина) (n.): absolute, ultimate truth. The word is used also in religious context about God.

Listopad (листопад). n. / 'list.əʊ.pæd / list-oh-pad. Falling leaves.

Lubovatsya (любоваться) (v.): to enjoy the process of looking at something beautiful

Mir (мир). n. / 'mir / meerr. Peace; world; community.

Odnoľub (однолюб) (n.): the person who loved or loves only one woman in life.

Otkhodchivyi (отходчивый)(adj.): the quality to be quickly appeased after an outburst of negative emotions

Nenaglyadniy (ненаглядный)(adj.): someone (so much loved) that it is never enough to look at him

Pochemuchka (почемучка). n. / pə.tʃɪ'mu.tʃkə / puh-chee-mooh-chuh. Someone (often a child) who asks a lot of questions.

Pravda (пράвда). n. / 'pra:v.də / prrarv-duh. Truth and justice.

Podvig (подвиг) (n.): exploit, feat, heroic deed carried out in difficult conditions (in war)

Poshlyi (пошлый) (adj.): vulgar, common, trivial, banal, in bad taste, pseudo something

Prostor (простор). n. / 'prost.sto:r / *proh-storr*. Spaciousness, freedom, absence of constraint.

Razmakh (размах) (n.): sweep, span, amplitude, scope, range, scale.

Rodnoi (родной) (adj.): one's own (by blood relationship in direct line), native; relations, relatives

Ryvok (Рывок). n. / ri:vɔ:k / *rree-vork*. A final dash or acceleration; a fast movement or change (that is often associated with progress, but can also tear/disrupt things).

Sobytie (Событие). n. / sb.bi'tɪ'je / *soh-bweet-ee-yee-ah*. Lit. co-being, being bound together; event; when many different processes of being converge to create an event.

Sobornost (Соборность). n. / se'bor.nəst / *sah-bohr-nust*. Lit. to gather, to be united; spiritual harmony based on collective love; the principle of spiritual unity and religious community.

Sud'ba (судьба). n. / su:d.ba / *suud-bah*. Fate, destiny, fortune.

Toska (тоска). n. / tɐ'ska: / *tuh-skah*. Longing (often, though not limited to, one's homeland; can also include other times, people, and places), with nostalgia and wistfulness.

Uvlekatsya (увлекаться)(v.): to be carried away, to become keen (mad) about, to fall for something

Volya (воля) (n.): complete freedom from any constraints, liberty

Vozdukh (Воздух). n. / 'vɔz.dux / *voorz-duk*. Lit. 'the stack of spirits'; air, breath; to take the spirit inside (when breathing in), to take the spirit outside (when breathing out).

Zastol'ie (застолье)(n.): the process of sitting at table, eating, drinking and talking with friends

Zdravstvuite (здравствуйте) (imperative in form): a greeting - good day, literally: be healthy.

## Sanskrit / Pāli

Adinnā-dānā (अदिन्नदाना). v. + n. / 'ʌ.dɪ.na:.da:.na: / *uh-dih-nah-dah-nah*. Taking the not-given (i.e., refraining from which is the second of the five precepts in Buddhism).

Ādvaita (अद्वैत). n. / ʌd.vai.tɐ / *ud-vy-tuh*. Non-dual; the notion that there is only one reality.

Ahimsa/avihiṃsā (अहिंसा). n. / ə'hɪmsɑ: / *uh-him-sah*. Non-harm, love.

Ājīva (आजीव). n. / ɑ:.dʒi:.wɐ / *ah-jee-wuh*. Livelihood, work, mode of life.

Ānanda (आनन्द). n. / 'ɑ:nən.də / *ah-nun-de*. Bliss, lasting contentment; spiritual, 'unconditional' happiness.

Anātman/ anattā (अनात्मन्). n. / 'an'ɑ:tmən / an-*at*-mn. Insubstantiality, lack of permanent self/soul.

Anitya/anicca (अनित्य). n. / æ'ni:t.jə / a-*neet*-yah. Impermanence; the notion that existence is transient, evanescent, and inconstant.

Aparigraha (अपरिग्रहा). n. / ʌp.ʌri:grʌ.hʌ / uh-puh-ree-gruh-huh. Non-possessiveness, non-grasping, non-greediness; one of the five yama in Hinduism.

Apramāda/appamada (अप्रमाद). n. / ʌ.prʌ'm:ɖʌ / uh-pruh-*mah*-duh. Earnestness, alertness, diligence, moral watchfulness.

Apramāṇa/appamaññā (अप्रमाण). n, adj. / æp.ræ.mɑ:ɳə / ap-ra-*mah*-na. Immeasurable, boundless.

Arhat/arahant (अर्हत्). n. / 'ɑ:hʌt / *aar*-hut. One who has attained enlightenment.

Āsana (आसन). n. / ʌ:sə.nə / uh-suh-nih. Lit. seat / sitting position; postures adopted/undertaken in Yoga.

Ashtangika / atthagika (अष्टांगिक). n. / ʌʃ.tʌŋ.gɪ.kʌ / ush-tung-gee-kuh. Eightfold (as in the Noble Eightfold Path in Buddhism).

Asteya (अस्तेय). v. / ʌ.steɪ.jʌ / uh-stay-uh. Lit. 'non-stealing'; refraining from taking or appropriating the 'not-given'.

Ātman/attā (आत्मन्). n. / 'ɑ:tmən / *at*-mn. Soul, breath, spirit.

Aum or Om (ॐ). particle / əʊm: / aohmm. A sacred syllable/mantra associated with various traditions; the 'cosmic sound' encapsulating all teachings; the beginning (alpha) and end (omega) of all things.

Avatāra (अवतार). n. / ʌ.vʌ.tɑ:ɾʌ / uh-vuh-tar-uh. Lit. 'descent'; the incarnation or embodiment of a deity in human or animal form.

Bhagavad/t (भगवद्). n. / bʰʌ.gʌ.vud / buh-guh-vudt. Blessed one; someone endowed with blessings accumulated through great merit; also a general term of endearment.

Bhakti/bhatti (भक्ति). n. / bʰʌhk.ti: / bhahk-tee. Fondness, attachment, homage, reverence.

Bhāvanā (भावन). n. / bʰhɑ:wna: / bh-*hav*-nah. Application, development, cultivation, practice, meditation.

Bīja (बीज). n. / bi:ɖʒʌ / bee-juh. Seed(s) (as per *bīja-niyāma*, i.e., the 'law of seeds,' namely the patterns in the realm of organic phenomena).

Bodhi (बोधि). n. / 'baʊ.di / *boe*-dee. Enlightenment, awakening.

Brahma-charya (ब्रह्मचर्य). v. + n. / 'brɑ:ˌmə tʃɑ:ˌjʌ / *brah*-muh char-yuh. Lit. 'going after Brahman' or behaviours that lead to Brahman; the 'right' use of energy; chastity when unmarried, and fidelity when married; one of the five yama in Hinduism.



Brahma-vihārās (चत्वारि ब्रह्मविहारा). n. / 'bra: mə vi'ha:rə / *brah-muh vi-har-ruh*. Lit. abode or dwelling of Brahma(n); qualities that practitioners (e.g., in Buddhism) are encouraged to cultivate.

Brahman (ब्रह्मन्). n. / 'bra: mən / *brah-man*. All-powerful and pervasive power or deity that continually creates the universe.

Buddha (बुद्ध). n. / bʊd:hə / *bd-dha*. An awakened/enlightened being.

Catvāri āryasatyāni / cattāri ariyasaccāni (चत्वारि आर्यसत्यानि). Sanskrit/Pali / n. / kʌt'wɑ:ji 'ɑ:.jæ.sæt'jɑ:nɪ / *cat-wah-ree ah-ya-sat-yah-nee*. Lit. 'truths of the noble ones'; the 'noble truths.'

Citta (चित्त). n. / tʃɪ.dæ / *chi'dta*. Mind, consciousness, awareness; heart and mind combined.

Dāna (दान). n. / dɑ:.nʌ / *dah-nuh*. Generosity, charity.

Dhárma/dhamma (धर्म). n. / 'dʰɑ:mə or dʰem.me / *dhar-ma or dam-ma*. Law; what is established; principles of the universe; guidelines for action; teachings (e.g., of the Buddha).

Dhvani (ध्वनि). n. / dʰ.vʌ.nɪ / *dh-vuh-nih*. Sound, echo; hint, allusion; used in aesthetics and art appreciation to refer to allusion and implied or hidden meaning.

Dhāraṇā (धारणा). n. / dʰɑ:rʌn.jɑ: / *dhar-run-yah*. Concentration; fixing and holding attention (e.g., on a meditative object).

Dhyāna/Jhāna (ध्यान). n. / ,gn'jɑ:,næ / *gn-yaa-na*. Concentrated attention; absorption; intense contemplation of the nature of the object of meditation.

Dr̥ṣṭi/diṭṭhi (दृष्टि). n. / dʰrʃ.tʰɪ / *dsh-tih*. View, gaze, sight (as per *dr̥ṣṭi-vāc*, of the Noble Eightfold Path).

Duḥkha/dukkha (दुःख). n. / dʊ'kʰə / *d uh-kuh*. Suffering or dissatisfaction.

Guru (गुरु). n. / gʊrʊ / *goo-roo*. A religious /spiritual teacher, guide, master, and/or person of reverence.

Hatha (हठ). n., adj. / hʌ.θə / *huh-thuh*. Lit. force, effort, exertion; a branch of *yoga* focusing on the practice of *asanas* (postures) and *vinyasa* (dynamic transitions).

Iṣṭadevatā (इष्टदेवता). n. / ɪʃ.tʰʌ.deɪ.wʌ.ta: / *ish-tuh-day-wuh-tar*. Reverence (*iṣṭa*) of divine beings (*devatā*); deity meditation.

Īśvarapraṇidhāna (ईश्वरप्रणिधान). Sanskrit / n. / ɪʃ.vʌ.rʌ.pʌn.ji: dʰɑ:nʌ / *ish-vuh-ruh-prah-nyee-dhar-nuh*. Meditation, desire, prayer; paying attention to (Praṇidhāna) Lord/God/Brahm (Īśvara); one of the five niyama in Hinduism.

Kalyāṇa-mitratā/mittatā (कल्याणमित्र), Sanskrit/Pali / n. / kæl'jɑ:nə mɪt.rə'tɑ: / *kal-yah-nuh mit-ruh-tar*. Lit. 'auspicious compassion'; spiritual friendship.

Kāmesu micchācāra (कामेसुमिच्छाचारा). n. / kɑː.meɪ.sʊ mɪk.hɑːtʃɑːrɑ / kar-may-soo mik-har-char-uh. Misconduct or unwholesome behaviours concerning sense pleasures (i.e., refraining from which is the third of the five precepts in Buddhism).

Karma/kamma (कर्म). n. / 'kɑːmə / kar-ma. Lit. action, work, or deed; a theory/principle of causality, particularly with respect to ethical behaviour.

Karmānta/kammanta (कर्मन्ति). n. / kʌ.mɑːn.tɑ / kuh-marn-tuh. Action, management, administration (as per *karmānta-vāc*, of the Noble Eightfold Path).

Karuṇā (करुणा). n. / kæ.rʊ'ṇɑː / ka-roo-nar. Empathy, compassion, identifying with the other's suffering.

Kuśala/Kusala (कुशल). n., adj. / kʊ.ʃʌʌ / kuh-shull-uh. Virtue, goodness; skilful, ethical.

Lakṣaṇa/lakshana (लक्षण). n. / 'lʊk.ʃʊn.ə / look-shn-a. symptom, sign, quality, attribute; 'marks of conditioned existence'.

Lila (लीला). n. / liːlæ / lee-lah. Lit. game, play; used in Hinduism to describe reality as being the outcome of creative play by the divine absolute (Brahman).

Madhyama marga / majjhima magga (मध्यम मार्ग). n. / 'mʌdʰ.jʌ.mʌ 'mʌʃːgʌ / mudh-yuh-muh mur-guh. The middle way/path.

Mahābhūta (महाभूत). n. / mʌ.hɑːbʰuːtə / muh-har-bhoo-tuh. Great elements/forces; the dimensions/components that comprise the physical world (i.e., space/ether, air, fire, water and earth).

Maitrī/ mettā (मैत्री). n. / 'maiʈri or mɛt'tɑː / mi-tree or met-tar. Loving-kindness; benevolence.

Mantra (मन्त्र). n. / mʌn.trʌ / mun-truh. Lit. mind tool; a meaningful word, phrase or sound that is taken as an object of focus in meditation.

Marāṇa smṛti/sati (मरण स्मृति). n. / mʌ.rʌ.nʌ smɪʈ'tiː / muh-ruh-nuh smrih-tee. Meditation on (or awareness of) death/mortality.

Mārga/magga (मार्ग). / 'mʌʃːgʌ / mur-guh. A spiritual path or way.

Mokṣa/moksha (मोक्ष). n. / 'moːk.ʃə / mok-shuh. Emancipation, liberation, release (e.g., from saṃsāra).

Muditā (मुदिता). n. / mʊ.dɪ'tʰɑː / moo-de-tar. Sympathetic/vicarious happiness.

Musāvādā (मुसावादा). n. / mʊ.sɑː.wɑː.dɑː / moo-sah-vwah-dah. False speech (i.e., refraining from which is the fourth of the five precepts in Buddhism).

Nirodha (निरोध). n. / nɪ.rəʊd.hʌ / ni-rode-huh. Cessation; the third noble truth (that *duḥkha* can be addressed by ceasing craving).

Nirvāṇa/nibbāna (निर्वाण). n. / nɪə'wɑ:nə / nir-*vwah*-nuh. Lit. 'extinguished' or 'blown out' (e.g., as per a flame); release from saṃsāra; 'ultimate' happiness, total liberation from suffering.

Niyama (नियम). n. / nɪ'ja:mɐ / nee-*yah*-muh. Lit. observances, positive duties; recommended habits/practices for right living.

Pāṇātipātā (पाणातिपाता). v. + n. / pɑ:nɑ:tɪ.pɑ:tɑ: / pah-nah-ti-pah-tah. Harming or killing living beings (i.e., refraining from which is the first of the five precepts in Buddhism).

Pañcaśīlāni/pañcasīlāni (पञ्चसीलानि). n. / pɐn.ʃɪ'la:nɪ / pun-shuh shee-*lah*-ni. Five precepts (e.g., in Buddhism).

Prāṇā (प्राण). n. / prɑ:nɑ: / prah-nah. Air, breath; spirit; 'life force/energy'.

Prāṇāyāma (प्राणायाम). n. / prɑ:nɑ:jɐ / prah-nah-yah-muh. Control, regulation of the breath (or energy or 'life force').

Prajña/paññā (प्रज्ञ). N. / prɐn.jɑ: / prun-yah. Wisdom and experiential insight.

Pratītya-samutpāda / paṭicca-samuppāda (प्रतीत्यसमुत्पाद). n. / pra'ti:t.ja sa.mʊt'pɑ:da / prah-*teet*-yah sa-muut-*pah*-dah. Dependent origination; the law of conditionality.

Pratyahara (प्रत्याहार). n. / prɐt.jɐ.hɐ.rɐ / prut-yuh-huh-ruh. Withdrawal of the senses (from external stimuli); internalisation of consciousness/awareness (e.g., to focus on an internal reflection of God).

Pasthāna/paṭṭhāna (स्मृत्युपस्थान). n. / pɐs.θɑ:nɐ / puhs-thah-nuh. Conditions; setting forth, going forward.

Rasa (रस). n. / rɐ.sə / ruh-suh. Lit. 'juice' or 'essence'; the emotional theme of an artwork, and/or the feeling evoked in the audience.

Ṛddhi/iddhi (ऋद्धि). n. / rɪd. dʰɪ / rid-dih. Lit. success, accomplishment, increase; used in Buddhism to denote extraordinary (e.g., 'psychic') powers.

Ṛta (ऋतं). n. / rə.tə / rh-t. Order, rule; truth; that which is properly or excellently joined; the principle of natural order which regulates and coordinates the operation of the universe.

Rūpa (रूप). n. / ru:pə / roo-puh. Matter, body, material form; in Buddhism, the first *skandha* (i.e., the material body).

Sādhū (साधु). n. / sɑ:du: / sah-doo. Lit. a good man; a holy person; a religious ascetic, renunciant; a monk.

Samādhi (समाधि). n. / sɐ'mɑ:dʰɪ / suh-*mah*-dee. Lit. getting hold of (dha) integration/togetherness (sam); acquisition of integration, wholeness, truth; intense concentration/absorption; one-pointedness / unification in meditation.

Śamatha/samatha (शमथ). n. / ʃɐ.mɐ.θɐ / shuh-muh-thuh. Lit. pacification, rest, slowing/calming down; one-pointed meditation (e.g., as a means to calming the mind).

Samgha / saṅgha (संघ). n. / 'sʌŋ.gʌ / sung-huh. Lit. assembly; a Buddhist religious/spiritual community.

Samjñā/sañña (संज्ञा). n. / sɛ̃.gnjɑː / suh-gnyah. Perception, cognition.

Samkalpa/sankappa (संकल्प). n. / sũ.kʌl.pʌ / suhm.kul.puh. Resolve, determination; purpose, intention (as per *saṃkalpa-vāc*, of the Noble Eightfold Path).

Samprajanya/sampajañña (संप्रज्ञा). n. / sʌm.prʌ.ɟʌ.jʌ / sum-pruh-jun-yuh. Clear comprehension; mindfulness imbued with a sense of spiritual progress.

Samśāra (संसार). n. / ,sæm'sɑː.rə / sam-sah-ruh. Lit. 'wandering' or 'world'; cyclic, circuitous change; a theory of rebirth; the nature of 'mundane' (conventional) existence.

Samskāra (संस्कार). n. / sɛ̃.skɑːrʌ / suh-skar-uh. Mental volitional formations, karmic imprints, 'conditioned things'.

Samtoṣa/santosa (संतोष). n. / sũ.təʊ.jʌ / suhm-toe-shuh. Complete/entire (saṃ) contentment/satisfaction (toṣa).

Samudaya (समुदाय). n. / sʌ.mʊ'daɪ.jʌ / suh-moo-dye-uh. Origin, cause; the second noble truth (that *duḥkha* has a cause, i.e., craving).

Samyak/sammā (सम्यक्). n., adj. / sʌm.jʌk / sum-yuk. Right, correct, best.

Santosha (संतोष) (n.): contentment arising from personal interaction, and acceptance of self and other; one of the five niyama in Hindusim/Buddhism.

Satchitananda (सच्चितानन्द). n. / sʌt.tʃɪd.ɑ.nən.də / sut-chidt-ah-nun-de. Truth, existence (sat), consciousness (cit), and happiness, bliss (ananda); perception of the ultimate, unchanging reality (and the liberation that arises as a result).

Sattva (सत्त्व). n. / 'sʌt.vʌ / sut-vuh. Goodness, purity, balance, wholeness; one of three qualities of nature in Vedanta; can also refer (e.g., in Buddhism) to a sentient being.

Satya/sacca (सत्य). n. / sʌt.jʌ / sut-yuh. Truth; truthfulness (in speech, thought, and action); refraining from falsehoods or distortions.

Shaucha (शौच). n. / sʰaʊ.tʃʌ / shao-chuh. Purity, cleanliness and clearness; purity of mind, speech and body; one of the five niyamas in Hinduism.

Siddhārtha/siddhattha (सिद्धार्थ). n. / sɪd.dɑːr.θʌ / sid-dar-thuh. Derived from siddha (achievement) and arth (meaning, purpose); one who has successfully achieved an aim or object.

Śīla/sīla (शील). n. / jiː.lʌ / shee-luh. Morality, ethics, virtue; custom, practice; conduct, disposition, nature, tendency.

Skandha(s)/ khanda(s) (स्कन्ध). n. / 'skʌn.dʌs / skun-duss. Aggregate(s) / heap(s) / grouping(s); used to describe the groupings of five 'elements' that constitutes the human being.

Smṛti/sati (स्मृति). n. / smṛi'ti: / smrih-tee. Lit. 'recollection' or 'remembrance'; mindfulness/awareness of the present moment.

Sukha (सुख). n. / sʊ'kʰə / suh-kuh. Pleasure; ease; satisfactoriness (the antonym of dukkha).

Sūnyatā/suññatā (शून्यता). n. / ʃʊn.jʌ'tɑ: / shoon-yuh-tah. Emptiness; boundlessness; boundarylessness; the idea that phenomena come into being dependent upon conditions.

Surāmeraya-majja pamādatṭhānā (सुरा-मेरय-मज्ज पमादट्ठाना). n. / sʊ'ra:meɪ.rʌ.jʌ mʌ.dʒʌ: pʌ.mɑ:.dʌt.hɑ:.nɑ: / soo-rah-may-ruh-yuh muh-juh puh-mah-dut-hah-nuh. Intoxicating and/or unmindful states related to alcohol or drugs (i.e., refraining from which is the fifth of the five precepts in Buddhism).

Sūtra/sutta (सुट्टा). n. / 'su trə / soo-truh. Lit. thread, string; teaching, rule, aphorism.

Svādhyāya (स्वाध्याय). n. / swɑ:dʰjɑ:jʌ / swah-dhyar-yuh. Lit. 'self-study' or 'one's own reading'; introspection; study of the self, and of religious teachings; one of the five niyama in Hinduism.

Tantra/tanta (तन्त्र). n. / 'tʌn.trə / tun-truh. Lit. weave or loom; any systematic teaching, method or practice; more recently, used to denote sexual-spiritual practices.

Tapas (तपस्). n. / 'tʌ.pʌs / tuh-puhs. Lit. heat, blaze, pain, suffering (from root 'tap'); intensive meditation, perseverance, austerity/asceticism; one of five niyamas in Hinduism.

Tathāgata-garbha (तथागत गर्भ). Sanskrit/Pali / tʌt'hɑ:gʌ.tʌ gɑ:rb.hɑ / tuh-tar-guh-tuh garr-bha. Lit. 'one who has thus gone'; Buddha nature.

Tat Tvam Asi (तत्त्वमसि). phrase / tʌt.twʌm.æsi: / tut-twum-ahsee. Lit. thou are that; a central expression of *Ādvaīta* philosophy, articulating the oneness of *ātman* and *Brahman*.

Tripti (तृप्ति). n. / trip.ti / trip-tih. Complete satisfaction (e.g., of sensual pleasures).

Upaniṣads (उपनिषद्). n. / ʊ'pə.ɳi.ʃəḍ / oo-puh-nee-shuud. Lit. 'sitting down near'; the foundational texts of what is now referred to as Hinduism; the concluding sections of the four *Vēdas*.

Upekṣā/upekḥā (उपेक्षा). n. / u.pekʰ'sɑ: / oo-pek-sah. Equanimity, detachment; calmness, balance.

Utu (उतु). n. / ʊtʊ / uu-tuu. Seasons (as per *utu-niyāma*, i.e., the 'law of the seasons,' namely the regularity of environmental phenomena).

Vāc/vācā (वाचा). n. / wɑ:k / vwahk. Speech, voice (as per *samyak-vāc*, of the Noble Eightfold Path).

Vēda (वेद). n. / 'weɪ.də / vway-duh. Lit. knowledge, wisdom; the *Vēdas* are the name of the foundational texts of what is now referred to as Hinduism.

Vedanā (वेदना). n. / veɪ.dʌ.nɑ: / vey-duh-nar. Feeling tone; fundamental valence of a sensory object (pleasant, unpleasant, or neutral).

Vijñāna/viññāṇa (विज्ञान). n. / viɟ.njɑ:nə / vig-yah-nuh. Consciousness, mind, discernment.

Vinyāsa (विन्यास). n. / vɪn'ja:sə / vin-yah-suh. Lit. to place (*nyāsa*) in a special way (*vi*); a form of yoga, centring on dynamic movement between *āsanas*.

Vipāka (विपाक). n. / wɪ'pɑ:. kʌ / vwih-pah-kuh. Ripening; the result, ripening or maturation of karma.

Vipaśyanā/vipassanā (विपश्यना). n. / vɪ.pʌʃ.jʌ.nɑː / vih-push-yuh-nah. Insight; clear-seeing; seeing 'into'; cultivating awareness (e.g., into the nature of reality).

Vīrya/viriya (वीर्य). n. / wi:r.jʌ / vweer-yuh. Energy, diligence, enthusiasm, effort.

Vyāyāma/vāyāma (व्यायाम). n. / wja:.ja:.mʌ / vyah-yah-ma. Effort, exercise, training (as per *vyāyāma-vāc*, of the Noble Eightfold Path).

Yama (यम). n. / jʌ.mʌ / yuh-muh. Lit. 'death' (or the God of Death); self-restraint/control; a set of proscriptions within Hinduism for right living.

Yoga (योग). v., n. / jəʊ.gʌ / yoh-guh. Lit. to yoke / add / join / unite / attach (from root yuj); a psychophysical system of spiritual training and development.

## Scottish

Curglaiff. n. / kɜ:glæf / kur-glaff. The bracing, shocking and/or invigorating feeling of suddenly entering (e.g., diving into) cold water.

## Serbian

Inat. Serbian / n. / i:næt / ee-nat. Proud, defiant stubbornness and self-preservation (sometimes to the detriment of others and even oneself).

## Sinhalese

Ayubowan (ආයුබෝවන්). int. / aɪ.bəʊ.wæn / iy-boe-an. Lit. 'long life'; salutation, wishing someone health, happiness and longevity; used as a greeting or parting.

## Spanish

Aficionado. n. / əfɪsjə'nɑ:dəʊ / a-fis-iun-ad-o. Lit. 'to inspire affection' (v.); someone who is knowledgeable and/or enthusiastic about something; can have connotations of being an amateur (in a benign sense).

Ansias. n. / 'æn.si:ə / an-see-uh. Longing, yearning; worry, anguish; desperate or anxious love (e.g., worrying about one's loved one).

Bonanza. n. / bən'anzə / b-*nan*-za. A boon/benefit (that is often unexpected); prosperity.

Botellón (n.): lit. 'big bottle'; people congregating in public spaces to socialize while drinking alcohol.

Cacharpaya. n. / kætʃ.ɑ:'paɪ.jæ / cat-char-pye-ah. A send-off; a farewell party for someone who is going away.

Camarada. n. / kama'raða / cah-mah-*rah*-dtha. Lit. 'chamber-mate' or room-mate; pal, friend; basis for the term 'comrade.'

Celaje. n. / sei.lɑ:xɛɪ / say-lah-khay. An image or figure (that is often unclear); akin to a mirage or hallucination, but with a suggestion that it is 'really' there (e.g., colours in the sky).

Compadre. n. / kəm'pɑ:dreɪ / kom-*pah*-drray. Lit. 'co-fathers'; godfather; a term of respect and friendship for a man.

Convivencia. n. / kɔ.vi'ven.si:ə / koh-vih-*ven*-see-uh. Lit. co-habitation, but also implying shared feelings, meanings and purpose.

Desengaño. n. / dɛ.ɛn'gæn.jəʊ / deh-sen-*gan*-yo. Disenchantment or disillusionment; can also connote awakening, seeing through deceit, being liberated from an illusion.

Duende. n. / 'dwɛn.dɛ / de-*wen*-deh. A heightened state of emotion, spirit and passion (often associated with art/dance).

Empalagar. v. / ɛm.pæ.læ.gɑ: / em-*pah*-lah-gar. To be too sweet or rich (in taste).

Engentado. v. / ɛn.xɛn'tɑ:dəʊ / en-*khen*-*tah*-doh. Lit. dazed or confused; used colloquially to describe being 'peopled out', to wish for solitude.

Estrenar. v. / ɛs.trɛn.ɑ:reɪ / ess-tren-ah-reh. To use or wear something for the first time (and perhaps imbuing the wearer with a sense of confidence).

Fiesta. n. / fɪ'ɛstə / fee-*ess*-tah. A party, celebration.

Gula. Spanish / n. / 'gu:læ / *goo*-lah. Gluttony, greed; indulgence; eating simply for the taste (i.e., not from hunger).

Mentalizar. v. / mɛn.tæ.lɪ:zɑ: / men-tah-lih-zar. To get into a frame of mind; to make aware.

Ojalá. v. / oxa'la / oh-khah-lah. Derivation of Insha-Allah, God willing ('may Allah wish it'); a hopeful wish.

Pena ajena. n. / 'pɛ.næ a'xe.na / *peh*-nah ah-*khen*-nah. Pain (pena) for others (ajena); vicarious embarrassment/shame; a cringing feeling.

Pundonor. n. / pʌn.dɔ:nɔ: / pun-doh-nor. Point of honour; adherence to a code of honour; dignity; self-respect.

Qué será será. int. / ke se'ra se'ra / keh seh-*rah* seh-*rah*. Lit. 'what will be will be'; acceptance of (or resignation to) fate.

Querencia. n. / kɛ'ɛnsɪə / keh-*ren*-sia. A place where one feels secure, from which one draws strength.

Te quiero. v. / te'kje.ro / teh-kyeh-roh. Lit. 'I want you'; perhaps between I like you and I love you, implying tender affection.

Tertulia. n. / ter'tulja / terr-*tool*-ya. A social gathering or conversation, usually with literary or artistic overtones.

Siesta. n. / sɪ'estə / see-*est*-a. A short nap, usually taken in the early afternoon.

Simpatía. n. / sim.pa'ti:æ / sim-pah-*tee*-ah. Accord and harmony within relationships and/or society.

Sobremesa. Spanish / n. / so.bre'me.sa / soh-brreh-*may*-sah. Lit. over/on/above table; sitting around the table after eating; when the food has finished but the conversation is still flowing.

Soler. v. / səʊ'leər / soh-lair. To usually do; to be in the habit of doing something.

## Swahili

Mbuki-mvuki. v. / mbu:ki: mvu:ki: / mm-*boo*-kee mm-*voo*-kee. Lit. to take of in flight (mbuki), to dance wildly (mvuki); to shed clothes in order to dance; possible origins of the phrase 'boogie woogie'.

Pole. int. / pɔ.leɪ / poh-lay. Sorry; can also express empathy and understanding.

Tuko pamoja. n. / tu:kə pæ'məʊ.ɔʒə / too-kuh pah-*moh*-jah. Lit. 'one place'; 'we are together', community togetherness.

## Swedish

Daggfrisk. n., adj. / də:g.frɪsk / daag-frisk. Lit. 'dew fresh'; the kind of pure, clean feeling one might have from waking refreshed in the early morning at sunrise.

Famn. n. / fæm / fam. The area or space within two arms, e.g., 'in my arms'. As a verb, att famna – 'to embrace'.

Fika. n. / fi:kæ / fee-kah. From *kaffe* (coffee); a coffee-break.

Gökotta. n. / ɔʒ:ku:'tæh / jer-koo-*tah*. Lit. 'early-morning cuckoo'; waking up early to hear the first birds sing.

Lagom. n. / 'la: ɡɔm / laar-gom. Moderation; doing anything to just the right degree.



Livsnjutare. n. / 'li:f.sə.nju:ta.rei / *leef-suh-nyoo-ta-rey*. Bon vivant; someone who loves life and lives it to the full.

Mångata. n. / 'mo:ŋ.gə:ta / *moo-on-gah-tah*. Lit. moon (måne) road/street (gata); the path of glimmering light that moonlight makes on water.

Mysa. v. / 'my:sa / *mee-sah*. To be engaged in a pleasant or comfortable activity; to be content or comfortable; to get cosy; to snuggle up.

Nja. int. / nja: / *nyah*. Combining no (nej) and yes (ja); neither yes or no (or both yes and no); expressing uncertainty.

Njuta. v. / njʉ:ta / *nyoo-ta*. To deeply enjoy, to profoundly appreciate.

Orka. v. / 'ɔr.ka / *orr-kah*. To have the energy for something; being resilient, spirited, and/or enthused.

Resfeber. n. / ri:s'fi:bər / *reess-fee-burr*. Travel fever/bug; the feeling of excitement and nervousness experienced by a traveller before undertaking a journey.

Sambo. n. / sæm.bu: / *sam-boo*. An unmarried couple that live together.

Smultronställe. n. / smʉl.trɔn'stɛl.ɛ / *smool-tron-stel/-eh*. Lit. a 'forest berry patch'; a quiet, cultivated place to which one goes to retreat or relax.

Tjuvsmaka. v. / ʈʉ:v. smɔ:kɛʰ / *shoov-smor-keh* / *aka* Tyvsmake (Norwegian). Lit. sneak, thief (Tjuv) taste (Smaka); to taste or eat small pieces of food (e.g., when cooking); cherry-picking the best morsels (rather than to improve the meal).

Trygghet. n. / tru:g.hi:ɪt / *trroog-he-ert*. Security, safety, confidence, certainty, trust.

Vidunder. n. / vi:'du:də / *vee-doon-duh*. Miracle; prodigy; monster; an impressive or threatening entity which inspires awe.

## Tagalog

Balikwas. n. / bæ.lɪk.wæs / *bah-lik-wass*. Suddenly rising or jumping to one's feet (e.g., due to surprise or fright); to turn suddenly to the other side.

Bayanihan. n. / bæ.jæ.nɪ.hæn / *bah-yah-nih-han*. Co-operative endeavour in the service of a shared goal; a spirit of communal unity.

Gigil. n. / 'gʰi:ɡɪl / *ghih-gill*. The irresistible urge to pinch/squeeze someone because they are loved or cherished.

Kikay. n. / 'ki:kɪ / *kee-kie*. A flirtatious girl or woman.

Kilig. n. / kɪ'li:g / *kih-leeg*. Lit. shaking/trembling; feeling of butterflies arising from interacting with someone one loves or finds attractive; exhilaration/elation (not necessarily related to romance).

**Tamil**

Mannvasanai. n. / mæn.væ.sæ.naɪ / man-vah-sah-niy. Lit. earth smell; the scent of rain on dry earth; cf. petrichor.

**Telegum**

Mohamaatam. n. / maʊ.hæ.mɑ:əm / moh-har-maar-tum. Complaisance; hesitation, tentativeness; shyness; willingness to please.

**Thai**

Aon (อ่อน). v. / ɔn / on. To plead or try to emotively appeal to another's affections in order to gain something one wants (e.g., by crying); generally used in a positive sense (e.g., as per adorable).

Kreng-jai (เกรงใจ). n. / krɛŋ.dʒaɪ / krren-jiy. Deferential heart; respect and consideration for others' feelings (ahead of one's own); the wish to not trouble someone by burdening them.

Nam jai (น้ำใจ). n. / næm.dʒaɪ / nam-jiy. Lit. water from the heart; selfless generosity and kindness.

Sabsung. n. / sɑ:b.su:ŋ / saab-soong. A feeling of revitalisation through something that livens up or gives meaning to one's life; something that brightens one's day.

Tieow (เที่ยว). v. / ti:aʊ / tee-ow. To wander or roam around in a carefree way.

**Tibetan**

Thukdham (ཐུགས་དམ་). n. / tʰɔk.dʰɛm / tuk-dhum / aka tukdam. A Tibetan Buddhist Tantric practice, in which advanced meditators are purportedly able, post-death, to meditatively prevent or stall dissolution and decay of their body.

**Tshiluba**

Ilunga. n. / i:lu:ŋ.gæ / ee-loong-ah. The capacity of being ready to forgive a first time, tolerate a second time, but not a third time.

**Turkish**

Etağfurullah. int. / ɛst'ɑ:fru:lɑ: / est-ah-froo-lah. Lit. 'may God grant me mercy'; used to express 'don't mention it' (e.g., in response to receiving praise).

Gümüş servi. n. / gə.mu:ʃ seə.vi / guh-moosh ser-vee / aka serv-i sîmîn (original phrasing). Lit. silver cypress tree; the shining white glimmering of moonlight on water.

**Ukrainian**

Кохати. v. / ko'xɑn.nʲɑ / koh-han-khya. To love passionately, intimately, romantically.

**Urdu**

Chai pani. n. / tʃɑi 'pɑ:ni: / chiy *pah*-nee. Lit. 'tea and water'; favours or money given to someone to get something done (similar to a 'bribe', but without a negative connotation).

Goya (گویا). conj. / go.jə / go-yah. As if; suppose it were; can be used to denote a suspension of disbelief (e.g., in storytelling).

Naz (ناز). n. / nɑz / nuz. Assurance, pride, confidence (arising from feeling unconditionally loved).

**Welsh**

Cwtch. v./n. / kɒtʃ / kutch. As verb: to hug/cuddle (transitive); to get cosy (intransitive). As noun: a hug/cuddle; a sanctuary; a safe, welcoming place.

Cynefin. n. / 'kʌn.vɪn / *kun*-uh-vin. Haunt, habitat; a place where one feels one ought to live; the relationship one has to the place where one was born and/or feels at home.

Glas. adj. / glæs / glass, Blue and/or green; also white, sparkling, dazzling, pristine, youthful.

Hiraeth. n. / hira.ɪθ / heerr-ithe. Longing for one's homeland, with nostalgia and wistfulness.

**Yagán**

Mamihlapinatapei. n. / 'mæ.mi.læ.pɪ.næ.tæ'pai / *mah*-me-lah-pee-nah-tah-*pie*. A look between people that expresses unspoken but mutual desire.

**Yiddish**

Chutzpah. n. / 'xʊts.pə / *khutz-puh*. From the Hebrew *ḥutspâ* (הִצְפָּה), meaning insolence, cheek, audacity. Nerve, effrontery, guts; sometimes used pejoratively.

Fargin. n. / fɑ:ɡɪn / *fah-gin*. Ungrudging and overt (expressed) pride and happiness at other's successes.

Hachnasat orchim. n. / hax.na.fat ɔ:xɪm / *hakh-nash-at orh-khim*. Welcoming or 'bringing in guests'; offering hospitality and respect to strangers.

Kvell. v. / kvɛl / *kvell*. To feel strong and overt (expressed) pride and joy in someone's successes.

Mechaye. n. / mɛ.kʰaɪ.jɛ / *meh-khy-eh*. Joy, pleasure; something that gives great joy/pleasure.

Mensch. n. / mɛntʃ / *mentsh*. Derived from the German term for person; used to describe a good human being in its fullest sense.

Naches. n. / 'nʌ.xəs / *nuh-khuz*. Joyful pride in someone's successes (e.g., your progeny or student).

Tzedaka. n. / s'ə.ðɑ:'qa: / *su-tha-khaa*. Gnerosity/charity (mandated by justice), required righteous giving.

**Yup'ik**

Ella (aka cella, cilla). n. / ɛl.læ / *ell-lah*. Awareness; environment, world, universe; weather; mood; can imply the notion that life as a whole (and all elements within it) possesses awareness.

Nutaan atam. int. / nu:tɑ:n ʌt.ʌm / *noo-taan ut-um*. 'Now that's good'; stating that a situation is good, ready, and/or complete.

Tulukaruq. p. / tu:lu:kɑ:ru:k / *too-loo-kah-rook* / *aka* Qanglaagix (Aleut). The Raven, mythological figure of the Inuit, Aleut and Yupik peoples; not a creator deity per se, but a figure who guides the people and shapes their world (although can also feature in stories as a 'trickster' figure).

**Zulu**

Ubuntu. n. / ʊ'bu:ntʊ / *uu-boon-tuu*. Being kind to others on account of one's common humanity.